

## Care kits to help you through life's important stages

# Aetna Resources For Living<sup>SM</sup>

## Pregnancy care kit:

Expecting? Let us help you prepare for your new arrival. Our kit includes practical and personal care items for parents-to-be. Or read through our educational materials to get ready for your baby.



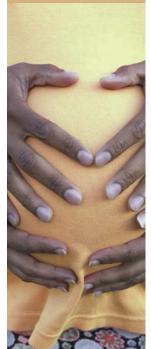
## Child safety care kit:

As children grow, they find unique ways of getting into trouble. This kit contains items to help you manage safety issues for toddlers and young children.



#### **Elder care kit:**

If you're caring (or expecting to provide care) for an elderly relative or friend, this kit can help. You'll get practical items and educational materials to help you in your caregiving role.



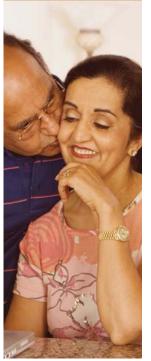
### New baby care kit:

Now that your baby has arrived, you've got lots of new responsibilities. Our kit includes educational materials and a variety of items to help you adjust to parenthood.



#### **Active adult care kit:**

Do you want to make health and safety a priority? This kit provides you with basic items to help you get and stay healthy.



We're here to help you and your family 365 days of the year, 24 hours a day. Call us today.

1-800-221-0945 / www.resourcesforliving.com

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All EAP calls are confidential, except as required by law. Information is believed to be accurate as of the production date; however, it is subject to change. For more information about Aetna plans, refer to **www.aetna.com**.

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