

## Medication Disposal Guidelines



Residents are asked not to flush medications (also known as pharmaceuticals) down the toilet or drain. Instead, you may be able to take advantage of community disposal/ drop off facilities. Please look on reverse of this page for information on the closest center in your community.

You can also dispose of medications by following these steps:

1. Take your medication out of their original containers.
2. Mix medications with an undesirable substance, such as cat litter or used coffee grounds.
3. Put the mixture into a disposable container with a lid, such as an empty margarine tub, or into a sealable bag.
4. Conceal or remove any personal information, including Rx number, on the empty containers by covering it with a black permanent marker or by scratching it off.
5. Place the sealed container with the mixture, and the empty medication containers in the trash.

Visit

[http://ochealthinfo.com/regulatory/medwaste\\_home.htm](http://ochealthinfo.com/regulatory/medwaste_home.htm)

for additional disposal options,  
or call 714-834-4000 for more information.

