

MCAH Title V Needs Assessment Overview and Summary of Priorities For OCPC Meeting 7/11/19

Background: Title V is a Maternal and Child Health Block grant intended to provide Core funding to improve the health of mothers and children. A needs assessment is conducted every five years with the goals to improve health and access for:

1. Maternal health
2. Infant health
3. Child health
4. Children and Youth with Special Health Care Needs (CYSHCN)
5. Adolescent health

The needs assessment process included convening of community partners to review background and foundational information for the Title V needs assessment and key data points regarding maternal, infant, child, and adolescent health to identify priorities for addressing health care needs. In addition, a survey was distributed to key partners to identify needs for CYSHCN.

Partners included representatives from the following agencies/organizations: American Academy of Pediatrics/UCI, Boys and Girls Club of Laguna Beach Breastfeed LA, California Children's Services (CCS), CASA OC, CalOptima, Children and Families Commission (First 5 Orange County), CHOC Children's Hospital, City of Santa Ana, Coastline College, Community Perinatal Network, Early Childhood OC, Healthy Smiles for Kids of Orange County, Hoag, Human Options, Managed Care Plans, March of Dimes, Mission Hospital, MOMS Orange County, New Alternatives, Orange County Health Care Agency (OCHCA) – Behavioral Health, OCHCA -Child Health and Disability Program, OCHCA – Public Health Nursing, Orange County Social Services Agency, OC Women's Health, Planned Parenthood, Regional Center, State Council on Developmental Disabilities, and University of California Irvine

Maternal and Infant Health Needs Assessment: Conducted March 21, 2019 with 19 community partner agencies. The following is the summary of the agreed upon priorities:

1. Early Identification, Intervention, and Follow-up of Chronic Maternal Comorbidities
2. Systems, Policies, and Targeted Interventions to Address Disparities
3. Prevention, Identification, and Early Intervention for Infant and Maternal Mental Health
4. Prevention, Screening, and Intervention for Maternal and Infant Substance Exposure
5. Promotion of Exclusive and Any Breastfeeding for a Longer Time
6. Reduction of Non-medically Indicated C-sections
7. Improvement of Quality of Prenatal and Postnatal Care

The following idea was also discussed but did not fit into a priority area: Review inventory Title V intersections with other funding streams.

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Child Health Needs Assessment: Conducted March 21, 2019 with 13 community partner agencies. The following is the summary of the agreed upon priorities:

1. Early Childhood Mental Health Assessment and Intervention (including ACES)
2. Targeted Interventions to Reduce Disparities in Childhood Obesity
3. Targeted Policies, Systems, and Interventions to Address Social Determinants of Health
4. Universal Early Developmental Assessment and Intervention
5. Sustainable and Accessible Prevention Oral Health Services
6. Promotion of Universal Healthcare Access
7. Child Safety and Injury Prevention

Adolescent Health Needs Assessment: Conducted April 2, 2019 with 14 community partner agencies. The following is the summary of the agreed upon priorities:

1. Mental Health Access and Suicide Prevention
2. STI Education, Prevention, and Treatment
3. Access to Health Services and Resources
4. Substance Use Prevention and Treatment
5. Adverse Conditions Screening and Linkage
6. Obesity Prevention

The following ideas were discussed but not placed in the one of the above priorities:

- Preventable child deaths was described as an outcome measure that could be decreased if the above priorities are addressed
- Youth advocacy and engagement was described as an overarching strategy for all priorities

CYSHCN Survey: A key informant survey was conducted between April 11 – 30, 2019 and resulted in 14 respondents. Respondents included parents or family members of CYSHCN as well as CYSCHN providers. The top five areas of need for CYSCHN identified from the survey were:

- Providing transition services for CYSHCN
- Access to mental health services
- Access to durable medical equipment (DME), medical supplies, and home health services
- Engaging families as partners
- Insurance coverage and support

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The following are Orange County's goals and proposed priorities for the Title V Five-Year Action Plan.

- 1. Improve maternal health and increase access to health care**
 - Coordinate efforts to address chronic co-morbidities (e.g., diabetes and hypertension) among adolescent, adult, and pregnant women
 - Promote and increase access to services that can address mood and anxiety disorders among adolescent, adult, and pregnant women
 - Identify strategies to address lack of substance use screening and treatment resources for Black, Latina, and White pregnant and postpartum women

- 2. Improve infant health and increase access to health care**
 - Promote education and support for breastfeeding among Asian, Pacific Islander, and Latina women
 - Coordinate efforts to increase awareness and knowledge regarding safe sleep practices to reduce sudden unexplained infant deaths

- 3. Improve child health and increase access to health care**
 - Increase activities for screening (including promotion of ACEs assessment) and linkage to services for White and Latino children experiencing mental health crises
 - Coordinate efforts to increase screening for developmental and behavioral disorders

- 4. Improve CYSHCN health and increase access to health care**
 - Provide assistance to parents of CYSHCN to increase awareness and access to insurance coverage and support services

- 5. Improve adolescent health and increase access to health care**
 - Increase activities for screening and linkage to services for White and Black adolescents experiencing mental health and substance use issues

- 6. Optimize health by addressing social determinants of health**
 - Support investments and strengthen partnerships to increase protective factors that promote health

The Five-Year Action Plan is not due to the state until March 13, 2020; therefore, some proposed priorities are subject to change.