



August 2016



FRANKLY SPEAKING

A Message from
**CEO
Frank Kim**



Dear OC Employees,

Orange County celebrated a truly momentous occasion last week with the official groundbreaking for our new Animal Shelter at the former Tustin Marine base.

This is something that we've anticipated for decades while dealing with unfortunate delays because of the laborious process used by the Department of the Navy when they close a military base. Tustin closed in 1999 and we still haven't received property promised to the County.

As I said in an editorial to mark this occasion, the frustration is behind us now. We're looking forward to opening a truly contemporary facility that will provide a superior space for the animals in our care and for our dedicated staff, our hard-working adoption partners and the public eager to find new family members.

Next week, we'll have another milestone to celebrate: The completion of the new La Pata Avenue, a 2.27-mile, four-lane roadway extension that will provide a direct connection between San Clemente and San Juan Capistrano, Ladera Ranch and other neighboring communities.

Another benefit of this road opening:

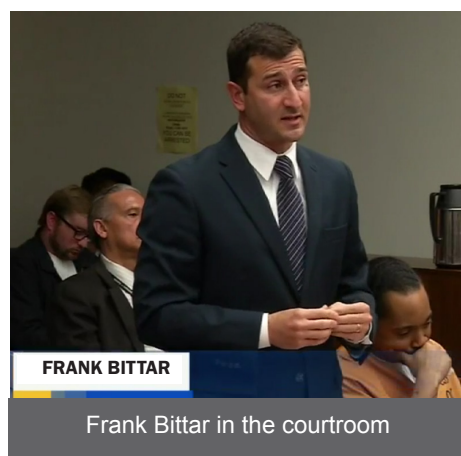
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Frank Bittar, an Officer and a Gentleman in Orange County

Every American remembers the events that unfolded on September 11, 2001, and the intense feelings of pride and patriotism that swept our nation that day. For Frank Bittar, who is a senior attorney IV with the Public Defender's Office, that day is emblazoned in his mind as a day that caused him to reconsider his entire career path and to consider immediately joining the military to help defend his country. That passion to defend his country was not immediately fulfilled for Frank, but became a reality for him 14 years later.

A few months leading up to September 11, Frank had just graduated from law school from Michigan State University, taken and passed the California bar exam, and was sworn in as an attorney in December 2000. Frank desperately wanted to pursue a career as an attorney in the Public Defender's Office, but offices around the state were on a hiring freeze, so he took a job as a public interest attorney. In the weeks after September 11, Frank watched his brother Tony, who is one year older, join the Army and head off to Officer Candidate School. Frank found himself wanting to follow his brother into the Army to help defend his country, but Frank also knew that he had a passion for working to defend the constitutional rights of people in society that could not afford their own attorney. He found a job in the Orange County Public Defender's Office, where he started on February 19, 2002 and has remained ever since. However, Frank always kept the idea of following his brother into the Army in the back of his head.

Frank thrived and has enjoyed a great deal of success in the Public Defender's Office. He has handled a wide variety of cases and assignments in his career, including everything from the misdemeanor trial calendar, to juvenile delinquency cases, all the way up to complex homicide and potential death penalty cases. Frank has managed his share of high profile felony cases over the years, but says that one of his favorite assignments in the office was assisting in Homeless Court in Santa Ana. Frank believes that Homeless Court was an incredible project spurred on by retired Judge Wendy Lindley, who Frank worked with in that court for about five years. He loves helping to connect clients with services in the community. Frank believes many of his clients are very kind people who make mistakes in their lives, and need guidance and support to help put their lives back together. Frank loves serving the local Orange County community, but the idea of heading off to serve his country still resounded in the back of his mind.



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Saving residents from 20 to 30 minutes of having to sit in traffic on Interstate 5. For people who hate traffic as much as I do, that really will be priceless.

The new roadway—which represents the largest such project in the County's history—opens officially on August 14. On August 13, from 10 a.m. to 2 p.m., we'll celebrate with a special ribbon-cutting ceremony, a classic car show, live music, food trucks and family fun activities.

There are other long-awaited and significant projects around the corner that will be coming to fruition, including selecting an operator for the new year-round multi-service center to be built in Anaheim to provide services for individuals and families without permanent housing.

I've talked for the past several months about the value of great ideas and finishing what we've started despite roadblocks and setbacks and the inevitable schedule creep. Whether it's breaking ground for the new Orange County Animal Shelter or La Pata Avenue or a new multi-service center in Anaheim, following through for the people of Orange County means figuring out how to make things happen despite the unexpected.

It truly does mean remembering the great idea that launched the effort—and staying with it until it's done. That spirit is demonstrated every day in every department across the County. People call with needs and frustrations large and small, and we're there to do all we can so they get the help they need.

This is why County government exists. We celebrate the groundbreakings and the major milestones but please know that the celebrations exist too for the day-to-day public service that exemplifies our workforce.

Sincerely,

Frank Kim
County Executive Officer

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Frank built a strong family unit at home with his wife, Natalie, who is a doctor. The couple was married in 2006 and they have two young children: a daughter, Lina, who was born in 2008, and a son, Michael, who was born in 2010. The idea of someday following his brother into the Army was now a much more challenging decision for Frank, since he knew that this could put additional strain on his family. Frank realized in 2015 that it was "now or never" and he convinced his wife to allow him to apply, arguing that he would be safe as an attorney, a Judge Advocate General, ("JAG"), in the Army. Frank sailed through the application process, despite the large group of applicants with whom he was competing, and he took a leave of absence from the Public Defender's Office in September 2015 for his eight-week Direct Commission Course in Fort Benning, Georgia.



Frank Bittar with the United States Military, 2015.

Frank, who was 41 years old, soon found himself with a group of 115 new JAG's, ranging in ages from 27 to 46. For those first eight weeks, he found himself waking up at 5:00 a.m. for training each day, which included tasks such as fitness tests, two-mile timed runs, firing M4 and M16 rifles on the range, and six-mile "ruck" marches, which involved carrying a 45 pound backpack plus a 30-pound rifle. Even though Frank was one of the oldest attorneys in the group, he continually placed second in the two-mile runs, which he usually finished around 11 minutes, 40 seconds. However, one of the most challenging tasks for Frank was the night land navigation task in the Georgia woods, where the members of the group were told to find plotting points in the dark by their GPS coordinates, with only a red light, compass, and map to assist them. Throughout the eight week class, Frank was only allowed to call home once a week.

After completing this eight week course, he was off to Charlottesville, Virginia for about three months of Officer Basic Training.

After completing his military training and then spending a few weeks with his family, Frank returned to his assignment on the Felony Trial Unit in Santa Ana in March 2016 and continues to enjoy great success in his work. Frank's wife and children have been very supportive of his desire to serve his country and to fulfill his new commitments to the military. Frank is now on reserve status and is a member of the California National Guard and is attached to the 40th Infantry Division in Los Alamitos as a Judge Advocate General. He loves his work as a Public Defender, but also relishes the fact that he fulfilled his dream and now has the incredible privilege of serving both the local community and his country.

This month's profile was written by Daniel Cook of the Public Defender's Office.

PLEASE SEND PROFILE SUBJECTS FOR COUNTY CONNECTION!

Do you know someone who would make a good employee profile? We're looking for staff-level employees who love their job and carry the flag with enthusiasm both for their agency and the County as a whole. Send submissions to anahid.burkhart@ocgov.com

OC History

Journeys Through Orange County's
Origins, Obstacles and Opportunities



A Glimpse of the Santa Ana Mountains

By Chris Jepsen

Perhaps nowhere do Orange Countians feel more in touch with the past than in the rugged back country of the Santa Ana Mountains. Stretching across the northeastern portion of Orange County, the scrub brush covered mountains extend south into Riverside County and all the way down to Temecula.

Cabrillo undoubtedly noticed these mountains as he sailed along California's coast in 1542. But it was the overland Portola Expedition in 1769 that named the range while camping here on St. Anne's (Santa Ana's) Day. They also extended the "Santa Ana" name to a river that seemed to flow from the mountains. They also named Santiago Creek for the patron saint of Spain (St. James/St. Iago) and Trabuco Creek for a blunderbuss-type gun (or "Trabuco") they lost nearby. All these names were later applied to additional geographic features in the range.

The Orange County portion of the range includes eight peaks higher than 3,000 feet. From north to south they are Sierra, Pleasants, Bedford, Bald, Santiago, Trabuco, Los Pinos, and Modjeska. Pleasants Peak was named for the colorful pioneer J.E. Pleasants, who eventually sold his backwoods home to famed stage actress Helena Modjeska – the namesake of another peak. The twin peaks of Modjeska (5,496 ft.) and Santiago (5,687 ft.) are the highest points in the county and together form Old Saddleback, the iconic backdrop to all of Orange County's rich history.

The Indian people believed their god-in-human-form Chinigchinich never truly died, but instead ascended to the top of Santiago Peak to spend eternity watching over his people. They called Old Saddleback "Kalawpa," meaning "a wooded place." Historian Don Meadows wrote that Chinigchinich "would sit in judgment and if any of his subjects failed to obey his teachings he would send down rattlesnakes and grizzly bears to punish the offenders. For centuries Old Saddleback has been held in reverence."

Many canyons are tucked back into the Santa Ana Mountains, including Black Star, Silverado, Modjeska, Trabuco, Live Oak, Harding, Holy Jim, Williams, and others. The most prominent of these is Santiago Canyon, into which numerous others drain.



Juanita Tin Mine, Trabuco Canyon
- Photo courtesy Orange County Archives

Silverado Canyon takes its name from a mining boom that began with the discovery of silver in the fall of 1877. By the following spring, this remote spot had become the temporary home to 500 miners and prospectors, and the town of Silverado was established. According to Meadows, at its height, Silverado "had three hotels, three general stores, a blacksmith shop, two meat markets, seven saloons," a post office, and a population of 1,500. The boom went bust in 1882 when miners learned the hard truth: The Santa Ana Mountains contain almost any mineral you can name, but not in large enough quantities to make mining profitable.

The mountains are full of colorful landmarks like San Juan Hot Springs (a popular place to relax since prehistoric times); Modjeska's home; Black Star Canyon's Indian village site; the Tucker Wildlife Sanctuary; Vulture Crag; Jake Yaeger's (defunct) gold mine; Irvine Lake; the spot where the last California grizzly bear was shot; the ruins of the Trabuco Adobe (ca 1810); the site of the vanished town of Carbondale; and Flores Peak – where notorious outlaw Juan Flores escaped a posse by riding over a cliff and down an incredibly steep incline.

Much of the Santa Ana Mountains are part of the Cleveland National Forest, originally established in 1893 and named for ex-President Grover Cleveland in 1908. A great deal of

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View from Modjeska Peak
- Photo by author

additional land in the range is now part of various County parks including Irvine, O'Neill, Limestone Canyon, Whiting Ranch, and Caspers. And additional vast tracts of County property in the mountains are overseen by the Irvine Ranch Conservancy. Together, these areas preserve some of our last wildlands, even as development continues to push into the Santa Ana Mountains.

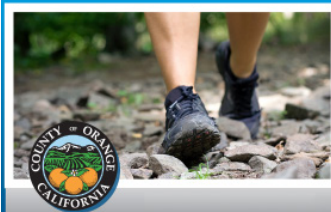
And our mountains are certainly worth saving – As a refuge where plants, animals and whole ecosystems are preserved; as a place where people find respite from freeways and digital nonsense; and as a place where history has a home.

About the Author

Chris Jepsen is the Assistant Archivist at the Orange County Archives, a function under the office of Clerk-Recorder Hugh Nguyen.

Reach him at Chris.Jepsen@rec.ocgov.com or (714) 834-4771 if you have questions about the Archives.

Fitness With Frank



**Fitness
with Frank**

Join me!



The next Fitness with Frank event will be a 2.5 mile hike at Santiago Oaks Regional Park on Saturday, August 27. The hike will be easy to moderate with 875 feet of elevation gain. If you wish to hike with a stroller, a jogging stroller is recommended. Dogs are allowed, but must be on a leash no longer than 6 feet at all times. The event will begin promptly at 8 a.m. and parking is limited so carpooling is encouraged.

To attend, please email rsvp@ocparks.com with "Santiago Oaks" in the subject line.

Please visit the Fitness with Frank webpage for full details of this and other CEO fitness opportunities. If you have any questions, please contact Kari Schumaker at 714-834-2051 or kari.schumaker@ocgov.com.



L-R: Carbon Canyon, Caspers Wilderness Park, Angel Stadium



Q As the new Human Resources Director, tell us a little about your background. How many years have you been a human resources professional?

A I started in Human Resources, at the County of San Bernardino, while I was in college. I worked there for three years where I was fortunate to receive great training on the fundamentals of human resources. I then went to work for the Los Angeles Rapid Transit District where I was the manager in employment and later moved to labor and employee relations manager. I then served as the director for West Covina for one year, and while there I met my first law firm, which I joined and from there served public clients for 10 years. I returned to public service at LA Metro where I ran Human Resources, Labor and Employee Relations and Training. I had my own labor and employment law firm for seven years, but returned to public service at the City of Riverside as the human resources director. I am pleased to say that I am now at Orange County and continuing to do what I truly enjoy. My entire career has been focused on public service in the human resources field.

Q What is going to be your number one priority in your new role?

A My highest priority is to learn the top areas of concern related to HRS, both from the HRS staff and our customers, and to address them in a concise and responsive manner. However, it is equally important and challenging to focus on both technical and non-technical systems to continue to build efficiencies into the work that we do.

Q In your career, what was your biggest challenge? Your most successful accomplishment?

A My biggest challenge was to bring the bus drivers back in from a strike at LA Metro in 2000. I had just returned to the transit system after 10 years away and wasn't immediately part of the negotiations, but when the strike continued, I stepped up to the chief negotiator role to finish the negotiations with a cast of people, including Governor Schwarzenegger's cabinet members. My most successful accomplishments were related to partnering with the labor organizations to address workplace concerns. As an example I've partnered with employee organizations to conduct teambuilding with the employees in very troubled work units.

Brenda Diederichs: Human Resources Director



Q What kind of changes do you foresee in the near future for Orange County Human Resources?

A It hasn't been very long since HRS was re-centralized. I foresee that HRS will be focusing on the identification of HRS to the County as a whole and the establishments of systems that will make it easier for all of HRS functions to have a more consistent look and feel throughout the County.

Q What are your thoughts about personality tests?

A Again, like aptitude tests they can be helpful, particularly when you have jobs that do not match the strengths or comfort levels of employees. For instance, if a job candidate is uncomfortable talking with the public and they are a candidate for a job with a high level of public contact, they may be better served to focus on a job that has less public contact. However, as with all types of screening devices the employer must exercise much caution to ensure that they do not create any adverse impact in the hiring or internal movement of employees.

Around the County News, Events and Happenings



County Policy Library Now Available on IntraOC

One of the most asked-for features when gathering requirements for the County's Intranet redesign in 2013, was a centralized location for policies that applied to most or all agencies/departments. In response, we are pleased to announce the new County Policy Library on IntraOC, a central policy document repository established at the direction of the County Executive Office (CEO). The County Policy Library will be managed and administered out of the office of the CEO.

The CEO tasked the Administrative Services Network (ASN), composed of many of the managers of administrative services in the County, with establishing a Policy Framework Working Group. Its mission was to define, develop, and deploy a standard for creating County policy in an online environment.

Representatives from nine departments participated in the working group: Auditor-Controller, County Executive Office (Government & Community Relations, Human Resource Services and Information Technology), Health Care Agency, OC Community Resources, OC Public Works, OC Waste & Recycling, OC Sheriff's Department, Social Services Agency, and Treasurer-Tax Collector.



Currently, there are about 20 policies in the library, with additional policies under review prior to being posted. Agencies/departments will continue to maintain their own internal policies and procedures, but all County employees can now reference the County Policy Library for the most up-to-date versions of County Administrative, Finance, HR, IT, Procurement, Risk, and Safety policies, as well as those policies maintained by individual agencies/departments that are applicable countywide. To ensure it stays current and relevant, each agency/department is being asked to name a policy coordinator. Coordination between the CEO and Agencies/Departments is critical to ensuring that the library meets the needs of its users.

One of the first things the Policy Framework Working Group discovered was the need to clearly define what constituted a County policy, since just about every participant had a different definition.

"This was truly a collaborative effort," said Linh Ly, who headed up the team and is now the County's Agenda and Policy Administration Manager. "The final product provides clear guidelines and "how-to" instructions for departments to follow when drafting a County policy."

The working group applied the "lean/agile" methodology to the project, using the "sprint" approach to successfully complete a series of deliverables over about a 12-month period. This approach allowed the team to work together in a collaborative and iterative manner, with each step improving upon the last. As a result, the group crafted a County Policy Administration policy, a template for use in creating and/or updating County policy, a workflow for the review and approval of policies, and laid out the County Policy Library itself.

The County Executive Office will announce and coordinate training sessions on the new County Policy Library.

For questions about or assistance with the County Policy Library, contact Linh Ly at (714) 834-7036 or Linh.Ly@ocgov.com.

Around the County continued

Lunch at the Library Offered Free Lunch to All Children Up To Age 18 in Garden Grove

OC Public Libraries, Garden Grove Unified School District, and the California Library Association join efforts to combat summer hunger and learning loss.

OC Public Libraries kicked off "Lunch @ the Library" at the Garden Grove Chapman Library on Monday, June 27. The six-week program will run through August 4. OC Public Libraries joined over 50 other California library sites with the goal of preventing children's summer hunger and learning loss. This partnership with the Garden Grove School District has already seen 700 lunches served at the library in the first two weeks since the program began.

One parent commented, "If not for the library lunch, it would be hard to afford lunch all summer because I only work during the school year."



Supervisor Andrew Do at the Lunch @ the Library, Garden Grove Chapman Branch.

In many communities, the summer break can mean an end to learning and enrichment opportunities, and limited access to healthy food, particularly for California's low-income children. The U.S. Department of Agriculture (USDA) offers summer nutrition programs to enable school districts, municipalities, tribal governments, and nonprofit organizations to serve free, healthy meals to children and teens in low-income neighborhoods when school is out.

Wraparound Orange County Wrap Up



Wraparound Orange County recently celebrated its 15th anniversary impacting the lives of the children and families of Orange County at a commemorative event at the Orangewood Children and Family Center. Social Services Agency Director Mike Ryan presented a resolution awarded by the Orange County Board of Supervisors, commending Wraparound Orange County for 15 years of successfully helping families grow.

The Wraparound program is a partnership between the County of Orange Social Services Agency, Health Care Agency, and Probation Department and is designed to provide individual, intensive services to help prevent youth from being placed in residential treatment or juvenile correction facilities. Over the past 15 years, the program has served over 5,100 families and has a 77% success rate of maintaining youth in a family-like setting.

"It is remarkable to see the tremendous impact that the Wraparound program has had on children and families in Orange County. Over the past 15 years, we have seen incredible successes in ensuring the safety and well-being of children and preserving families through the unique efforts of this program," Mike said.

The celebration featured heartwarming and inspirational success stories from youth and families who were referred to Wraparound by the Probation Department and the Social Services Agency. Their remarkable stories served as powerful reminders about the significant, positive difference this collaborative County partnership is making in the lives of OC families. Congratulations to Wraparound Orange County on 15 years of success!

Around the County continued

John Wayne Airport Ranked Among the Best U.S. Airports in Two Surveys

John Wayne Airport is proud to receive recognition in two separate surveys for its superior service and convenience.

In a recent study by NerdWallet Inc., John Wayne Airport is ranked Number 2 on a list of the Top 20 airports in the country for summer travel. Airports were rated based on a number of factors, including the fewest flight delays and security wait times. To read more and see the entire list click [here](#).

But it isn't just the numbers – travelers also expressed a preference for John Wayne Airport. *Travel + Leisure* magazine's annual 'World's Best Awards' survey asks its readers to vote for their favorite airports, assigning ratings for access, check-in and security, restaurants, shopping, and airport design. In the 2016 'World's Best Awards' survey, John Wayne Airport was ranked among the Top 10 domestic airports. Click [here](#) to see the entire list.



To learn more about John Wayne Airport, with service to more than 20 nonstop destinations in the U.S., Canada and Mexico, visit www.ocair.com.

SAFETY SPOTLIGHT

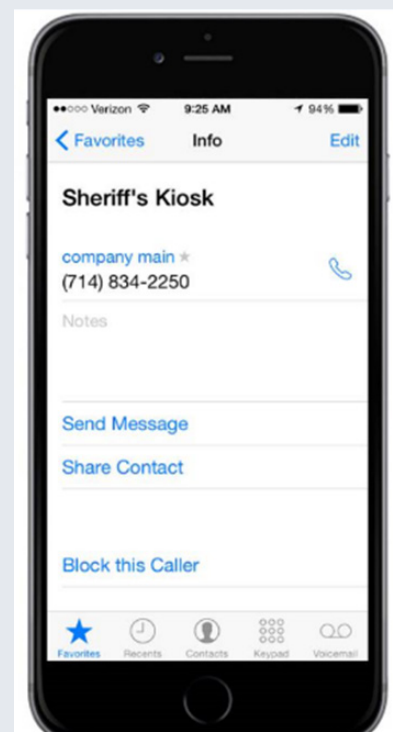
Civic Center Awareness & Personal Safety

Annual Civic Center Awareness & Personal Safety Training will be held on August 31, 2016.

Feeling safe at work is important for all County employees. You are invited to attend the annual Civic Center Awareness and Personal Safety Strategies Training on Wednesday, August 31, 2016, from 11 a.m. to 12 p.m. in the Board Hearing Room at the Hall of Administration. The training will include presentations by the OC Sheriff's Department, Santa Ana Police Department, HCA Behavioral Health Services and the County Executive Office. Please RSVP to Kari Schumaker at kari.schumaker@ocgov.com, as space is limited.

Also – as always, if you “See Something, Say Something.” Following are important numbers to keep in your phone:

- **Sheriff's Kiosk:** (714) 834-2250 – To report an incident in-progress or just occurred within the Walk of Honor area of the Civic Center.
- **SAPD Dispatch:** (714) 834-4211 – To report an incident in-progress or just occurred outside of the Walk of Honor area of the Civic Center.
- **Civic Center Awareness Hotline:** (714) 834-2051 – To report general Civic Center Awareness concerns. 911 – When in doubt, for life-threatening emergencies, call 911!



Around the County continued

County of Orange Agencies Receive NACo Awards for 2016

Ten County of Orange programs earned the 2016 Achievement Award by the National Association of Counties (NACo). Founded in 1935, NACo represents the nation's 3,069 County governments in support of the pursuit of excellence in public service.

"We are proud of our employees who strive to think with foresight, innovation and vision when creating solution-oriented County programs for delivering excellent quality services to Orange County residents," said Chairwoman Lisa Bartlett. "Thank you to NACo for recognizing our achievements and congratulations to the winning agencies and departments."



The County of Orange award-winning agency programs for 2016 are:

Children & Youth

- Grow with STEM OC (OC Community Resources, OC Libraries)
- Orange County Gang Prevention & Intervention Program (OC District Attorney)

Criminal Justice & Public Safety

- AB109 Program (OC Health Care Agency, OC Probation)

Environmental Protection & Energy

- Bowerman Power Landfill Gas-to-Energy Project (OC Waste & Recycling)



Human Services

- Linking to Employment Activities Pre-Release Initiative (OC Community Resources, OC Sheriff's Department)
- No Wrong Door Service Delivery Model (Social Services Agency)
- OCLinks (OC Health Care Agency)
- OC Healthy Steps Wellness Program (County Executive Office, Human Resources)

Information Technology

- OC Expediter Application (OC Information Technology)

Libraries

- Health & Flavor in Your Kitchen / Salud y Sabor en su Cocina (OC Public Libraries)



County employees celebrate their awards at NACo's convention last month in Long Beach.

Public Works Bandalong Litter Trap in Talbert Channel

On June 1, 2016, the Orange County Flood Control District working in collaboration with Huntington Beach Wetlands Conservancy and the non-profit foundation Miocean, completed construction of an innovative floating litter collection system along Talbert Channel downstream of Banning Avenue crossing. This innovative capture device is located just north of three restored wetlands; Magnolia Marsh, Brookhurst Marsh and Talbert Marsh in the city of Huntington Beach, California.

Known as the Bandalong Litter Trap, the device is a patented prefabricated floating collection unit and boom system originally developed and manufactured by Bandalong International Pty Ltd of Australia, and currently marketed in the United States by Stormwater Systems in Cleveland, Georgia.



Talbert Channel Bandalong Litter Trap and Boom

The Bandalong Litter Trap collection system consists of removable basket cages retained in place by four Fiber Reinforced Polymer (FRP) piles driven into the channel bottom and held by floating roller mechanisms. A 12-inch diameter 200-foot long segmented floating HDPE boom is positioned diagonally across the channel which skims the water surface and redirects any floating debris and litter into the collection basket. The system's mechanical parts are stationary; however, the entire system glides up and down moored to the FRP piles in response to the tide. The Bandalong Litter Trap operates 365 days a year. Since the unit has no moving parts, no operational noise is generated.



Talbert Channel in Huntington Beach

Due to its connection to the Huntington Beach Wetlands and ocean inlet, Talbert Channel is greatly influenced by tidal action. The Bandalong Litter Trap was specifically selected for its effectiveness in tidally impacted waterways due to a unique baffle system which keeps litter and debris in the collection basket regardless of changes in channel flow direction due to incoming or outgoing tides. The Bandalong is strategically placed at the downstream end of Talbert Channel, trapping trash and debris that enters the channel from the 4,845 acre watershed drainage area.

With the Orange County Flood Control District's commitment to protecting the environment, the District became the first to install a Bandalong Litter Trap on the West Coast and the first project of its kind to obtain necessary approval from the California Coastal Commission.

There are currently 206 Bandalong units worldwide, with 14 units installed in the United States.

The cost of the entire assembly, including transport from Cleveland, Georgia and installation by the manufacturer, was approximately \$340,000. John S. Meek Company, Inc. was awarded construction of the entire project at \$541,715.

Project sponsor, Miocean Foundation, selects projects within Orange County which protect the coastline by eliminating the harmful effects of polluted urban runoff. Miocean has generously donated \$100,000 toward the construction and ongoing operation of this project. The Talbert Channel project was a cooperative multi-service area effort led by OC Infrastructure, with support from OC Construction. Watershed Management, which coordinated the public private partnership, will perform monitoring and analysis of the Bandalong Litter Trap system with operations and maintenance by OC Public Works.

Kick off the School Year with These Important Safety Reminders

The end of summer vacation is drawing near, which means it's a busy time for parents and caregivers handling back-to-school preparations for little ones. In recognition of August as Back-to-School Safety Month, the California Office of Traffic Safety offers a few safety tips to keep in mind while preparing for the upcoming school year. No matter how children get to school, it is crucial that everyone pay attention to these important safety precautions.

Parents and Caregivers

- Plan your route ahead of time, and be sure to give yourself a few extra minutes to accommodate possible commute delays – particularly during mornings and afternoons.

- Always keep an eye out for nearby children, especially around schools and neighborhoods. Take extra care to follow the posted speed limit inside school zones, which is often 25 mph maximum but may be as low as 15 mph.

- Be extra aware around school drop off zones, and remind your children to do the same. Never allow children to run in or cross the street without looking for cars.

- Avoid distractions such as texting, talking on a cell phone, eating, or adjusting the radio while behind the wheel. Children move quickly and can appear in a moment's notice.

Children

- If your child will be biking or walking to school, help them identify the safest route, and ensure they are familiar with traffic signals and signs. Remind them to never wear headphones, and to safely stop and look for nearby vehicles before using crosswalks.

- If biking or skateboarding, check to make sure your child is wearing a properly fitted helmet.



- If your child rides a school bus, instruct him or her to remain seated at all times, avoid any behaviors that may cause distractions for the driver, and always look out for cars before getting on or off the bus.

- Buckle up. Practicing proper seat belt safety at all times is one of the simplest, yet most effective ways to protect yourself and those you love. This applies equally to children, who must be secured in the back seat in an appropriate car seat or booster seat if they are under the age of eight.

The California Office of Traffic Safety hopes the upcoming school year is a safe one for all. For more information and helpful safety tips, please log on to the OTS Facebook page at www.facebook.com/CaliforniaOTS or visit www.ots.ca.gov.

HUMAN RESOURCE SERVICES

News You Can Use

County of Orange Defined Contribution Program

The County of Orange Defined Contribution Program, in cooperation with Empower Retirement, is conducting a survey of the services we provide you and your fellow Program participants. We are interested in your feedback overall on the Program's services. Your input will help us identify ways to better meet your current and future needs.

Please take a few minutes to complete this confidential survey. To take the survey, go to: <http://www.research.net/r/OCDefinedContributionProgram>

If you have questions regarding this survey or your Defined Contribution Program or account, please call (866) 457-2254.

How To Make A Healthy Hamburger & Cut Calories

Indulge in America's signature summer BBQ favorite without giving up flavor and avoid calories by following these three cookout-ready strategies.

Whether as a host of a summer cookout or a guest at a summer picnic, these techniques can help you cut calories from your hamburger bun, protein patty and toppings.

1) Slim down the bun or go naked

The average white-bread hamburger bun can be packed with more than 200 "empty" calories. Fortunately, there are easy ways to slim down your bun.



Cut down burger calories altogether by ditching the bun completely!

If you're a guest at a cookout:

Scoop out the inside of the bun. By doing this, it can reduce your calorie intake by 25 percent—a savings of about 59 calories. Or go naked without a bun all together.

If you're hosting a cookout:

Cut more calories by selecting an alternative to a standard hamburger bun by going 'protein style' made popular by California-based burger chain In-N-Out Burger--- using lettuce leaves in place of the bun. If you must have bread, try a whole-wheat English muffin instead of a hamburger bun. This switch will save you more than 150-200 calories.

2) Slim down the hamburger patty or switch the protein

Many premade burgers are too large. On the average, they weigh a hefty 6 ounces, delivering 11 grams of saturated fat and more than 400 calories.

If you're a guest at a cookout:

The simple solution when you're handed an enormous beef burger is to cut it in half. By reducing your burger to a healthy 3-ounce portion, you can eliminate approximately 200 calories.

If you're hosting a cookout:

By making your own burger patties, you can control the portion and fat while still making burgers taste great! At the market, select the 90 percent lean beef instead of the 80 percent, and make 4-ounce (raw) patties. By choosing less fat in the beef, you will cut approximately 200 calories and 6 grams of saturated fat. Also, the cooking time for leaner meat is less, so you'll get your burger in a hurry! Want to cut even more saturated fat, offer a protein selection of turkey and 90 percent lean beef burgers. Turkey burgers are only 160 calories for a 4-ounce patty. If you're feeling fancy, try ostrich meat for even a leaner and exotic alternative---less time on the grill though as it is a leaner meat than beef and turkey.

3) Slim down hamburger toppings

Condiments may seem calorie harmless, but you can add many calories and sodium to your burger---ketchup, mustard, Thousand Island dressing and cheese add approximately 120 calories to your burger. By all means, forget the bacon!

You don't have to eat a plain, dry burger to cut calories. Here are a few tricks to slim down toppings:

If you're a guest at a cookout:

Scoop a tablespoon of guacamole from the chips and appetizers table onto your burger---provided it isn't laden with sour cream and a ton of salt. By doing this, you cut 65 calories and an incredible 517 milligrams of sodium. Best of all, you just increased the value of nutrition to your burger. Avocados are rich in several B vitamins, vitamin K, vitamin C, vitamin E and potassium. Load up on veggie toppings, such as lettuce, tomatoes, and onions too. Pickles have too much sodium.

If you're hosting a cookout:

Take control over the condiment tray by offering grilled vegetables like peppers, onions and mushrooms as toppings. Add a little grind of black pepper and a dash of lemon juice to the mix. Not only delicious in flavor, grilled vegetables help cut 72 calories, 585 milligrams of sodium and 3 grams of saturated fat.

By following these tips, you can slim a burger down from a hefty 780 calories to as low as 240 calories.

---Adapted from "How to Make a Healthy Hamburger and Save 400 Calories"; Matt Thompson, Associate Food Editor; *Eating Well*



RECURRING RESOLUTIONS - AUGUST

Every year, the Board of Supervisors approves a list of recurring resolutions. These resolutions commemorate or celebrate causes and/or organizational efforts on a monthly basis. Click on any of the recurring resolutions to the right to learn more about them.

Child Support Awareness - All Month
 Eligibility Professionals Month - All Month
 Muscular Dystrophy Month - All Month
 National Health Center Week - Aug 7-13
 National Aviation Day - Aug 19

Workplace Safety - Stress and Employee Safety Matters



In every industry, stress affects both men and women, new and experienced--not just those on deadline or putting out fires. It's not uncommon for stress to be the contributor to an unbalanced and unsafe workplace. Safety experts affirm that "stress is a legitimate worker safety and health issue." In 1999, the Bureau of Labor Statistics' Survey of Occupational Injuries and Illnesses concluded and classified occupational stress as "neurotic reaction to stress."

Today, safety professionals play an important role in helping employees cope with stress and prevent incidents from occurring. By not managing stress, it won't go away magically. It will continue to build and store in the body mentally and physically, eventually becoming a distraction in the workplace and at home.

So, what can you do?

Recognize the warning signs:

- Trouble concentrating
- Fatigue
- Low morale
- Anxiety or irritability
- Alcohol or drug use
- Overeating or loss of appetite
- Workplace incidents
- Work factors and organizational practices (i.e., excessive workload, infrequent breaks, and poor communication)

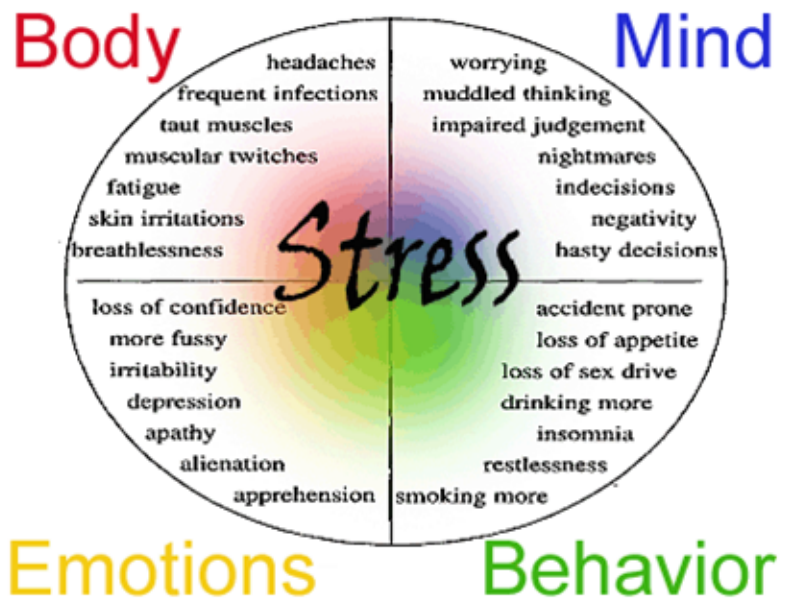
Ways to reduce job stress:

- Encourage positive communication with employees
- Provide employees with the opportunity for feedback and listen
- Approach the issue with sensitivity by realizing that an employee's distress can stem from home and their safety at work could be jeopardized
- Put issues in perspective and always show employees a way out and a way to deal with their stress, develop an action plan
- Explain that employee assistance is available

It's important to note that an open conversation can be the difference between a healthy employee going forward and an injury or illness waiting to happen.

So, if you are under stress – And you are! Go to the gym, run, swim, bicycle, or attend a "Fitness With Frank" session.

The CEO Safety Loss and Prevention Program is available to help serve your safety needs. For questions or information regarding resources or training, please contact the office at 714-285-5500 or by e-mailing us at Safety@ocgov.com.



Married at a County of Orange Park by Travis LaRiviere

Did you know...you can have your wedding at an Orange County park? That was my first revelation when planning my own wedding which just occurred on June 25, 2016, at Heritage Hill Historical Park in Lake Forest. From the first moments of planning, my wife and I wanted to have a stress-free, fun planning process. Our booking of the park helped us to overcome the most difficult obstacle in planning. Once your venue is picked, the rest is easy.

An important word of wisdom: The venue picks the date. The date does not pick the venue.

While I was not a County employee at the time of booking, my time at with CEO Communications made me realize that all of these facilities are made available for your event! The wedding day ran extremely smooth and it is all because of the staff, not only at Heritage Hill, but of OC Parks as a whole.

A full list of facilities for weddings can be found [here](#). If you are thinking of utilizing a County park for your wedding venue, please consider these few aspects:

- Park operation hours
- Alcohol and liability policies
- Availability of resources at venue
- Price depending on guest count
- Providing decoration and catering



If none of these aspects made you flinch, then you may be best suited for a County park! My wife and I had a very easy process working with OC Parks. Booking day involved signing several papers pertaining to both OC Parks and County policies, but was tailored specifically to our wedding. We had about 100 guests total, including ourselves, so the venue size was perfect. In the coming months and weeks before your event, you are required to pay for park and vendor permits with the main OC Parks office. Any alcohol will require an extra surety fee for liability and security.



My wedding was perfectly fit for Heritage Hill Historical Park. Since we were on a budget, the price for the use of the venue and everything included was a dream come true. Even with certain restrictions by the park, we made it work and didn't even notice. Instead of a nighttime wedding, we chose a daytime affair with a brunch style meal consisting of crepes and mimosas. Our decorations were handmade and did not require any damage to the historical buildings or structures on site via nail holes or tent stakes. Heritage Hill also provides chairs for the ceremony (we had it outdoors in the Arbor Garden, but the church is available) as well as picnic tables and a permanent tent covering the tables for our reception guests. All of our vendors (catering, alcohol, DJ, etc) each had their own comfortable spot in the reception area that made for an easy time to function. To put it simply, OC Parks took care of us.

In the weeks following our wedding, I often reflect on how great the day truly was. Everyone that we worked with, both County staff and vendors, made the day so fun and exciting! Isn't that what a wedding day should be all about? Some of the parks made available by the County of Orange offer beautiful venues and vistas that go mostly unnoticed! I encourage you to consider using a County of Orange park for your wedding!

If I had to do it all over again, I would STILL marry in the same place.

Events

OC Supervisor Lisa Bartlett and Orange County Public Works cordially invite you to the

La Pata Gap Connector Ribbon Cutting Celebration

Saturday, Aug. 13, 10 AM - 2 PM

La Pata Gap Connector

Connecting Communities From the Canyons to the Coast

Ribbon Cutting Celebration and Car Show

- Car Show
- Ribbon Cutting
- Vendor Booths
- Food Trucks
- Free Give Aways
- Best in Show Awards
- Live Entertainment
- Exhibits
- Fun Family Activities

PROJECT PARTNERS

OC Public Works, OC Waste & Recycling, OCTA, and others.

REMAINING PROJECT PHASING

Camino Del Rio Extension
Construction: Fall 2016 - Spring 2017

La Pata Widening
Construction: Fall 2016 - Fall 2017

For more information, or to volunteer at the event, please visit:
lapata.ocpublicworks.com

854-4-LAPATA (52-7282) | lapata@ocgov.com | @OCpublicworks | Facebook.com/ocpublicworks

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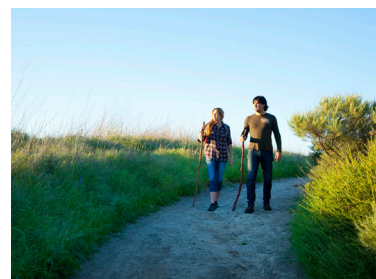


Tell it on the Mountain: Tales from the Pacific Crest Trail

**Friday, August 12
7 p.m.**

Irvine Regional Park
1 Irvine Park Road
Orange, CA 92869

Space is limited, please RSVP:
LetsGoOutside.org



Event and parking are FREE!

OC Parks invites you to watch an indoor documentary screening of Tell it on the Mountain: Tales from the Pacific Crest Trail.

The film follows a half dozen of the 300+ hikers who attempt to hike the entire Pacific Crest Trail every year and is told from the hikers' perspectives as they journey across the 2,663 miles from Mexico to Canada.

The film will be shown indoors at the Soda Fountain Pavilion near parking lot 19. Please note, this is not a children's film. No dogs.

www.facebook.com/OrangeCountyParks

twitter.com/OCParks

DANA POINT HARBOR

TIME CAPSULE 50 YEAR CELEBRATION

1966 - 2016

Orange County Board of Supervisors Chairwoman Lisa Bartlett
In partnership with the City of Dana Point, OC Parks,
OC Dana Point Harbor, Dana Point Harbor Association,
Dana Point Chamber of Commerce, the Ocean Institute,
and the Dana Point Historical Society

Cordially invites you to attend the

**Dana Point Harbor
50-Year Time Capsule Celebration**

Monday, August 29, 2016

At Baby Beach
34451 Ensenada Place, Dana Point Harbor

4:00 PM ~ Time Capsule Unveiling Ceremony (FREE)
5:00 PM ~ BBQ dinner (w/purchased ticket)

BBQ Dinner Tickets
\$10 per person in advance (limited number available)
\$15 cash on day of event (if still available)
*Ticket Price includes BBQ Dinner & Beverage
(Additional beverages available for purchase in support of the 5th Marine Regiment)

To purchase tickets, please visit www.bit.ly/DPHTimeCapsule

For more information, please contact:
Dana Point Chamber of Commerce at (949) 496-1555
Dana Point Historical Society at events@danapointhistorical.org

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NEW

LAGUNA BEACH

Summer Breeze

OC BUS

**RIDE FREE* TO
LAGUNA BEACH SUMMER FUN!**

July 9 - August 28
Saturday & Sunday • 11 a.m. to Midnight

Service Awards

for the month of July



40 Years

Linda Rappaport
Health Care Agency

35 Years

Mary Huth
Child Support Services

Sharron Anderson
County Executive Office

Janis Carlson
Health Care Agency

Susan Derr
OC Community Resources

Rudy Figueroa
OC Community Resources

Dean Swart
OC Public Works

Arcelia Aguilar
Probation

Calvin Inthavong
Social Services Agency

Tann Lee
Social Services Agency

30 Years

Mary Rivera
Clerk-Recorder

Julie Quillman
OC Community Resources

Todd Eggers
OC Public Works

Norma Martinez
Probation

Maria Barden
Public Defender

Samuel Maynard
Sheriff-Coroner

Diane Hollenbeck
Sheriff-Coroner

Steven Kea
Sheriff-Coroner

David Phillipi
Sheriff-Coroner

Kimberly Wagner
Sheriff-Coroner

Marvin Wilson
Sheriff-Coroner

Denise Odom
Social Services Agency

Aileen Thavorn
Social Services Agency

25 Years

Marnell Blankenship
Child Support Services

Susana Fernandez
Child Support Services

Mark Walker
County Executive Office

Bruce Freeman
District Attorney

David Guerrero
Health Care Agency

Cynthia Lambrecht
Health Care Agency

Lydia Mikhail
Health Care Agency

David Bickelhaupt
OC Community Resources

Daniel Kanto
OC Public Works

Martin Krepp
OC Public Works

Christina Kampczyk
Probation

David Petelo
Probation

Marion Taras
Probation

Vincent Bravata
Sheriff-Coroner

Kenneth Francisco
Sheriff-Coroner

Shelly Henderson
Sheriff-Coroner

(Continued on page 19)

25 Years Continued

Jennifer Lim Sheriff-Coroner	Minh Nguyen Sheriff-Coroner	Louis Torres Sheriff-Coroner	James Bull Social Services Agency
Cathy Chang Social Services Agency	Julie Combs Social Services Agency	Mary Hedden Social Services Agency	Anna Huang Social Services Agency
Siobhan Martin Social Services Agency	Kristine Ngo Social Services Agency	Christina Saludes Social Services Agency	Laura Taylor Social Services Agency
Amy Vu Social Services Agency			

20 Years

Barbara Gray Assessor	Randall Lee Assessor	Richard Ramirez Assessor	Tatiana Sand Assessor
Natalie Kane Child Support Services	Dana Stits County Counsel	Dewitt McCall District Attorney	Sarah Hoang Probation
Wendy Brown OC Public Works	Sheila Brown Probation	Hermelinda Cosentino Probation	Corina Lockhart Sheriff-Coroner
Lisa Harbilas Public Defender	Huy Nguyen Sheriff-Coroner	Michael Beachner Sheriff-Coroner	Jill Bellamy Sheriff-Coroner
David Brant Sheriff-Coroner	Jeff Crowley Sheriff-Coroner	Neil Hove Sheriff-Coroner	Alex Montoya Sheriff-Coroner
Adam Moore Sheriff-Coroner	Gergory Neitzel Sheriff-Coroner	Lloyd Nguyen Sheriff-Coroner	Manaen Robles Sheriff-Coroner
Paul Schaff Sheriff-Coroner	Craig Seko Sheriff-Coroner	Matthew Stiverson Sheriff-Coroner	James Vogel Sheriff-Coroner
Michael Winger Sheriff-Coroner	Robert Witteman Sheriff-Coroner	Alison Conard Social Services Agency	Terry Fisher Social Services Agency
Sheri McCluskey Social Services Agency	Sally Monsoor Social Services Agency	Jaime Ramirez Social Services Agency	Teresa Trujillo Social Services Agency
Marcia Vreeken Social Services Agency	Dang Vu Social Services Agency	Sandy Vu Social Services Agency	

To view the July list in its entirety, which also includes recipients of 5, 10 and 15-year Service Awards, please click [here](#).

Service Awards are announced in each edition of County Connection in the month immediately following work anniversaries, not in the month of the anniversary. If you believe there has been an error or omission in reporting your years of service, please email Navminder.Kaur@ocgov.com.

PARTING SHOT!

Welcome to Parting Shot, a feature designed to close County Connection with must-see visuals from Orange County, captured through the lenses of County employees. Click on the photos to enlarge.



1. **Mike Pennington**, Social Services Agency training and career development, shot this beautiful yellow and black butterfly while walking around Tri-City Park in Placentia. With it's wings spread wide open, you are able to get a clear view of the pattern on the butterfly's wings.
2. **Dianne Breault**, Social Services Agency captured a mallard family hiding in plain sight. "At the base of a palm tree near the entrance of Social Services Agency headquarters was a great place for nesting. She blended in so well that most passers by were unaware she was there. For those who watched her nesting day-after-day, the reward was an adorable view of her six ducklings on their birth day."
3. **Karen Ontiveros**, photographed a large family of swans crossing over a lake. "This image was taken at Carbon Canyon Regional Park while I was out enjoying a beautiful Sunday afternoon."

(Continued on page 20)

(Parting Shot continued)



4. **Jim Simkins**, OC Parks supervising park ranger, captured this amazing photo of a peacock displaying its full array of colorful feathers at Irvine Regional Park. To see a sight such as this is something truly wonderful.

Have you taken a photograph of something cool and beautiful in Orange County? Would you like to submit it to Parting Shot for consideration? If so, send it via email to travis.lariviere@ocgov.com. Please provide your job title and department and the details of the photo (location, what's happening, etc.) Please know that not all submissions will be used; decisions are at the discretion of the CEO Communications staff.

COUNTY OF ORANGE
MISSION STATEMENT

"Making Orange County a safe, healthy,
and fulfilling place to live, work, and play,
today and for generations to come, by providing
outstanding, cost-effective regional public services."

Click [here](#) to read the full mission and values statement.

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On **Facebook** at www.Facebook.com/OCGov

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