



Dear OC Employees,

Earlier this month, we issued a media release about a sad turn of events – the arrest of a County employee on 18 felony counts of workers' compensation fraud, including lying under oath.

The employee is accused of claiming a neck and back injury while at work, then asking for and receiving modified duties to accommodate him. Meanwhile, he was observed lifting heavy barbells at the gym, instructing CrossFit classes and surfing, skiing and moving furniture.

This arrest is not something we celebrate. Any time an employee is accused of cheating the system to obtain compensation that is unearned, the County as a whole suffers. In fact, his activities were brought to our attention by other employees

Tackling workers' compensation fraud is something I was committed to as chief financial officer and now as CEO. Misusing the system drains money from legitimate needs and contributes to the high cost of insurance and self-insurance. The California Department of Insurance estimates that workers' compensation fraud costs the state up to \$3 billion each year.

In the case of this month's arrest, the County is seeking more than \$38,000 in

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## **Every Day is Veterans Day: Peter Aranda**

This November 11 is Veterans Day, an official United States public holiday, when Americans honor and thank military veterans and those enlisted for their bravery, and service.

For Peter Aranda, Veterans Day is every day at the Department of Child Support Services (CSS) where he is the liaison of the newly created Military and Veterans Service Desk. The Desk started in June 2016; it was conceived with a vision to reach out to active military and veteran customers who are seeking guidance in navigating the child support services process and learning more about veteran resources.

Peter connects active military and veterans with CSS caseworkers and



other agency partners. The core of Peter's work is to reach out to his network of veterans and attend community outreach fairs to make new relationships with customers and resource providers. Since June, He successfully established relationships with more than 30 military and veteran groups.

His experience and status as a Desert Storm Veteran lends to the programs immediate success. "I'm excited to be selected as the Military and Veteran's liaison. I proudly and honorably served our country in the United States Marine Corps," said Peter.

Since 1999, Peter has served in most areas within the agency. He once saw the fruits of a CSS review when a non-custodial parent was delinquent on child support payments. After some investigating, it was revealed California State Lottery winnings were not declared to CSS by the non-custodial parent, and out of the \$500,000 winnings, the custodial parent was able to be paid delinquent child support payments of \$105,000.

Peter's career began when the U.S. Marine Corp offered him a chance to tour the world. At 19 years old in 1992, he experienced visiting multiple countries, including Japan, Malaysia, Australia and his favorite, Hong Kong--- when it

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restitution, including overtime paid to other employees to cover the employee's duty shifts while he was being accommodated.

This was the fourth such arrest in the past two years of employees suspected of falsely claiming on-the-job injuries. So far, we've recovered \$53,733 in restitution from two convictions; a third case is awaiting trial. That may not seem like much, but my feeling is that every dollar we receive back in compensation is validation of the hard work shown by every other dedicated employee.

OK, Frank, you might say, why focus on a few bad apples. It's simple: I can't tell you how disheartening it is to know how hard our employees work and then discovering someone accused of gaming the system. Beyond the financial harm, it hurts our employees by undermining the perception of those who truthfully claim on-the-job injuries.

As I said in the media release, we won't tolerate an employee who acts in a manner that disrespects his or her fellow workers. We have so many wonderful examples all the time—examples highlighted monthly in our newsletter—about employees going above and beyond to deliver services in a cheerful and exemplary manner.

(See more about workers comp on Pg. 16)

The goal of the workers' compensation system is for employees to regain their productivity as quickly and completely as possible. We want our employees to be healthy and we're committed to doing all we can to assist with that, including wellness and providing promoting incentives through our OC Healthy Steps program.

I'll step off my soapbox now. November is a month for giving thanks – so let me end by saying that I can't thank our County family enough for all of the hard work and commitment you show to our residents and visitors. Please join me in taking time on November 11 to honor and thank all who served in the US Armed Forces and to especially remember those who made the ultimate sacrifice. I sincerely hope everyone enjoys a wonderful and safe Thanksgiving holiday with family and friends.

Sincerely, Frank Kim County Executive Officer

(Continued from page 1) was still under British rule. military occupation specialty was to drive 5-ton cargo trucks as a motor transport operator.

Once in 1993, Peter was called to Somalia with the U.S. Marines on a Navy ship to support the Battle of Mogadishu. A special operations team was sent into Mogadishu to arrest two top lieutenants under the warlord Mohammed Aidid, who controlled the Peter's Navy ship citv. was 60 miles off shore,



anticipating a dangerous engagement in Somalia when a helicopter incident turned into a 15-hour battle, leaving 18 Americans dead and 73 injured. The U.S. Army pilot in the helicopter was captured and held by Somali militants for 11 days. The event is portrayed in the movie "Black Hawk Down."

After returning to civilian life from the military, Peter empowered himself to enroll in Santa Ana College and find a job. The G.I. Bill was helpful because it paid 75 percent of his educational fees and tuition. His hard work paid off. resulting in a liberal arts degree.

An American story indeed. Peter's life began in Guadalajara, Mexico. At 2 years old, he moved to Santa Ana with his family and graduated from Saddleback High School. Since he was born outside of the United States, his family didn't have citizenship status, so he earned a green card and was a lawful permanent resident for many years---until this year.

Finally, in April 2016, Peter was sworn in as a U.S. citizen, and just in time to vote in this year's elections. "The little piece of me is complete," says Peter. Among all of his life accomplishments, the one milestone missing wasn't marriage or wealth---it was his U.S. citizenship.

There's no stopping this globe trotter---his next travel goal is to visit Paris, France. He was inspired to visit because he took French in high school, and wants to experience the city's regal points of interests, such as the Eifel Tower. When asked if the current events and recent bombings in Paris would deter him, he responded, "Marines are always on the alert." When he's not dreaming of a Parisian holiday, he likes to spend time with his girlfriend and view horror movies. "Halloween" is his favorite.

#### PLEASE SEND PROFILE SUBJECTS FOR COUNTY CONNECTION!

Do you know someone who would make a good employee profile? We're looking for staff-level employees who love their job and carry the flag with enthusiasm both for their agency and the County as a whole. Send submissions to anahid.burkhart@ocgov.com

# OC History Journeys Through Orange County's Origins, Obstacles and Opportunities

#### Citrus to Suburbia

By Chris Jepsen

For more than half a century, citrus provided a good life for many, and provided a living – directly or indirectly – to most Orange Countians. Locals either worked with citrus or did business with those who did. The industry, primarily focused on the Valencia orange, transformed and defined much of the landscape and permeated many aspects of daily life. When the trees bloomed, their sweet fresh scent hung over the county. And when frost threatened the trees, orchard heaters or "smudge pots" would darken the skies and leave a layer of black soot on everything.

Citrus growers' associations and cooperatives were major forces in civic life, changes in the citrus market were always front page news, and the annual Orange County Valencia

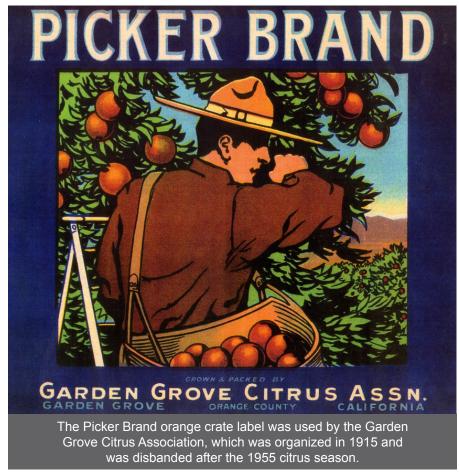
Orange Show in Anaheim (1920-1931) was one of the biggest events on the calendar. Healthy citrus sales even helped buffer us from the effects of the Great Depression. On the other hand, a well-timed labor action, like the 1936 citrus strike, could cause serious community-wide panic.

In the early years, Japanese and Chinese laborers did much of the local citrus work. But from the mid-1910s on, most of the laborers were from Mexico or of Mexican descent. Many Hispanic neighborhoods, camps and colonias sprang up near packing houses and among the groves, bringing with them cultural traditions that were new to many Orange Countians.

The years following WWII saw Orange County's landscape and economy shift rapidly from agriculture to suburbia. The population expanded at a shocking rate, from only 175,000 in 1946, to 703,925 in 1960, to 1,420,386 by 1970. Accordingly, demand skyrocketed for more housing developments, roads, schools, shopping centers, etc. Orange trees gave way to concrete and stucco. But new development was only one of several reasons for the long slow death of Orange County's citrus industry.

By that time, the tristeza virus or "quick decline" was already attacking Valencia trees throughout Southern California. Spread by aphids, the disease killed as many as 243,920 of Orange County's trees in a single year. A new grafting combination was discovered that was immune to the disease, but it required the expensive tearing-out of the old groves, replanting, grafting, and patiently waiting for new trees to reach maturity. For five to eight years there would be no crop to harvest.

Adding insult to injury, local land began to be taxed on its "highest and best use." In other words, farmland was suddenly taxed as though it were residential or commercial property. After paying their taxes, the already besieged citrus



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Oranges on their way to market are packed in crates at the Yorba Linda Citrus Packing House, circa 1949.

growers made almost no profit, making buy-out offers from developers tempting or even necessary.

Today, only a few small, (often sickly) specimen orange groves remain, as reminders of our past. And the last of Orange County's 45 packing houses, the Villa Park Orchards Association, moved to Ventura County in 2006. In places, one can still see the old lines of eucalyptus – which once provided citrus groves with shelter from the wind – surrounding roads or housing tracts.

But the orange left its mark on Orange County. The industry gave us the framework on which many of our still-vibrant communities were built. Some of our streets bear the names of growers, fruit varieties and packing houses. And the long-term investment and attention groves require gave us a tendency toward cautiousness, patience and thrift, and an aversion to fixing things that aren't broken.

But perhaps most of all it gave us our image and identity as a healthy, happy, sunny spot where success grew on trees.

#### About the Author

**Chris Jepsen** is the Assistant Archivist at the Orange County Archives, a function under the office of Clerk-Recorder Hugh Nguyen.

Reach him at Chris.Jepsen@rec.ocgov.com or 714-834-4771 if you have questions about the Archives.



Fitness with Frank



On Saturday, December 3, CEO Frank Kim will host his last fitness event for 2016 at William R. Mason Regional Park. Please stay tuned for details, which will be announced shortly. For full details of all CEO fitness opportunities, please visit the Fitness with Frank webpage. If you have any questions, please contact Kari Schumaker at 714-834-2051 or kari.schumaker@ocgov.com.



# CEO Budget's Kathleen Long De-Mystifying the Strategic Financial Plan

#### Q: What is the Strategic Financial Plan?

A: The Strategic Financial Plan (SFP for short) is an essential component of the County's overall Strategic Plan. It is the process used to identify departments' upcoming needs compared to available resources over the next five to 10 years. This planning process is critical to ensure that the County's financial position is sufficient to support long-term operational needs, including the provision of mandated services to the community. The plan provides the CEO, Board, departments and public with a tool to gauge the possible fiscal impact of policy decisions.

## Q: When is the next SFP going to be considered by the Board?

A: The 2016 Strategic Financial Plan will be presented to the Board of Supervisors during a special meeting on December 6, 2016. This year's SFP will include an updated Countywide policy on staff positions, a new Information Technology Plan for long-term information technology project planning, and a new debt management policy. The SFP will also include update of the County's Capital Improvement Plan, Reserves Policy and Strategic Priorities (department requests for new resources exceeding \$1 million in any one of 10 future years). The 2015 SFP was presented to the Board on December 8, 2015, and a follow up presentation was provided to the Board on June 10, 2016, in advance of the FY 2016-17 Budget Hearings.

Prior year SFPs may be viewed at <a href="http://ocgov.com/gov/ceo/deputy/finance/budget/plan">http://ocgov.com/gov/ceo/deputy/finance/budget/plan</a>.

#### Q: How long has the County adopted an SFP?

A: The adoption of a multi-year SFP was an outgrowth of the County's 1994 bankruptcy. On April 22, 1997, as part of the County's Credit and Debt Management Policy, the Board of Supervisors directed the CEO to prepare a plan to determine the ability of the County to fund strategic priorities. As a result of workshops that year, 31 strategic priorities were identified with a total cost of \$846.3 million. Since then, the County has adopted a five-year SFP with annual updates, including update of the strategic priorities, which are forecast over a 10- rather than five-year period.

## Q: How is the plan structured to help the County with budgeting?

A: The SFP establishes the framework for a five-year operating budget and is used to help prepare the next fiscal year's budget. The plan identifies any significant issues, such as gaps in funding that need to be addressed to secure the County's ongoing financial



stability, particularly within the County's discretionary funding or Net County Cost (NCC). The SFP focuses on implementing three key fiscal priorities of the Board established in 2012 and reaffirmed in March 2015 including: 1) Stabilize the budget; 2) Prepare for contingencies (increase reserves); and 3) Address and fund agency infrastructure (primarily capital and information technology projects). In short, the SFP process gives the CEO and Board a "heads up" on upcoming fiscal issues that will impact budgets and allows for a methodical approach to managing critical needs. This "heads up" provides the CEO and departments with information that allows issues and challenges to be tackled in advance of the following year's budget development process.

#### Q: How do departments prepare for the SFP?

A: Input from departments for the 2016 SFP was due to CEO Budget on September 30. In addition to submittal of a five-year expense and revenue forecast, departments submit requests for capital and information technology projects, as well as strategic priorities. Like many counties after FY 2007-08, the County reacted to the economic downturn by deferring necessary investments in infrastructure to lessen potential cuts to ongoing operations. Coming out of the recession, the County has been reinvesting in capital projects, including routine repairs and maintenance, and information technology projects to enhance efficiency. A key part of the SFP process is to look for opportunities for additional funding to maintain current levels of service and to accommodate the multitude of upcoming needs submitted every year by departments.

## Around the County News, Events and Happenings















#### County Auditor-Controller Adds Data Analytics Function

In September we welcomed to our department two new staff members: Christopher Nguyen and Christopher Denham-Martinez. Auditor-Controller Eric Woolery has created a new Data Analytics function for his department to look at ways to better manage and analyze the voluminous data within the County's \$6 billion budget. According to Auditor-Controller Woolery, "This new venture will translate our massive data into valuable, actionable insight for County departments, elected officials and the public. This analysis will be a tremendous benefit for both the taxpayers and County leadership as it has practical applications for trends and forecasts that can benefit the entire community."

Christopher Nguyen, former deputy chief of staff to Supervisor Todd Spitzer joins as Data Analytics Manager. Nguyen earned a Bachelor of Arts in Political Science and





History from Stanford University and a Master of Public Administration from the University of Southern California. He was accepted into the California Senate Fellow program in Sacramento and after finishing the fellowship, he served for several years as a legislative aide assigned to fiscal processes, appropriations, environmental quality, public safety, education, workers compensation and many other areas.

Christopher Denham-Martinez moved from the Performance Auditor to the Auditor-Controller to become the IT Data Analytics Manager. He earned a Master of Public Policy from Pepperdine University's School of Public Policy and a Bachelor of Arts in Legal Studies from Chapman University. He has previously held senior level positions in both the non-profit and private sectors. He is certified in government auditing and is currently completing a certification course in predictive analytics.

Welcome Christophers!

#### Aging with Grace at Hoag Hospital

Hoag Hospital introduced Hoag Health Center Irvine, a new and comprehensive state-of-the-art center focused on providing specialized services to Irvine and surrounding communities. At the September grand opening event, the Office of Aging was a participant of the Hoag Health & Wellness Fair to provide information and resources to fair attendees. Office on Aging staff greeted and interacted with each attendee and provided answers, resources, and gift bags. The fair also provided flu shots, health screenings, children activities, physician presentations, and other resources from various vendors.



Office on Aging staff, Miriam Islas, greeting an attendee at the Hoag Health & Wellness Fair and providing print material.

#### Honoring the County's "Adopt A Channel" Program



Since the approval of the countywide Adopt A Channel Program in December 2014, more than 17 miles of channel have been adopted by eight local businesses, agencies, and organizations. As of July 2016, over 11,040 pounds of trash and debris, and 45,115 square feet of graffiti have been removed from Orange County channels.

OC Public Works received the California State Association of Counties' (CSAC) 2016 Challenge Award for the Adopt A Channel Program.

CSAC's annual statewide program honors innovation and best practices in county government. The Adopt A Channel Program was selected to receive this award out of 279 entries and 41 counties in the four population categories. An independent panel of judges with expertise in county programs selected the award recipients. The community stewardship-based program improves the physical appearance of Orange County's flood control channels and enhances the environment through trash and graffiti removal.

#### In addition to OCPW, below is a list of current and potential adopters:

- Bolsa Chica Conservancy
- Disneyland Resort
- Orange County Conservation Corps
- Regent Association Services
- The Sharp Family
- Tetra Tech

- The Ranch at Laguna Beach
- Yorba Linda Rotary
- Orange County Water District (Pending)
- Orange County Coastkeeper (Pending)
- Ryan Holmes (Pending)
- Wyland Worldwide (Pending)

#### **RECURRING RESOLUTIONS - NOVEMBER**

Every year, the Board of Supervisors approves a list of recurring resolutions. These resolutions commemorate or celebrate causes and/or organizational efforts on a monthly basis. Click on any of the recurring resolutions to the right to learn more about them.

Adoption Awareness Month

World AIDS Day

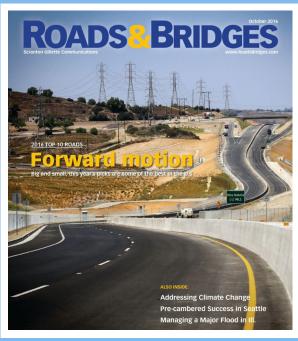
Veterans Day

Native American Heritage Month

Thanksgiving Day

Around the County continued

#### Soaring High Above the Roads and Bridges



The years of hard work and technical expertise of OC Public Works' employees are recognized yet again in October, as the La Pata Avenue Extension project earned the #2 spot on Roads & Bridges magazine's 2016 Top 10 Roads list.

The national publication highlighted the La Pata project as one of the top road projects in the country for improving regional mobility in south Orange County while overcoming various challenges, such as terrain conditions, proximity to the County's Prima Deshecha Landfill, discovery of fossils dated millions of years old, the amount of earthwork involved, and more.

With the new road 2.27-mile extension spanning near the County's Prima Deshecha Landfill, a critical partner on the project was OC Waste & Recycling, which helped relocate approximately 870,000 cubic yards of waste — enough to fill 267 Olympic-size swimming pools.

To read the Roads & Bridges magazine story, click <a href="here">here</a> (see page 18)

#### SAFETY SPOTLIGHT

There have been some changes in the Santa Ana Civic Center recently. On October 5, the Courtyard, a temporary transitional shelter, officially opened at the former Orange County Transit Authority bus terminal. Private security is onsite at the Courtyard 24/7. Additionally, the Santa Ana Police Department has increased its presence and now has officers on patrol in the Civic Center 24/7.

Even with the presence of additional security, it is always important to be aware of your surroundings, especially as the end of Daylight Saving Time approaches on November 6 when the day becomes dark earlier in the evening. Remember to walk confidently, walk in groups, use busy streets and walk in the center of the sidewalk. As always, if you see something, say something!

Important Numbers:

#### OCSD:

To report an incident in-progress or just occurred within the Walk of Honor area of the Civic Center Hall of Administration OCSD Kiosk: (714) 834-2250

#### SAPD:

To report an incident in-progress or just occurred outside the Walk of Honor area of the Civic Center Santa Ana Police – Dispatch (non-emergency)

714-834-4211

Civic Center Patrol General Line (general complaints) 714-245-8288

#### **Civic Center Service:**

To report general Civic Center concerns, maintenance requests, or clean-up requests CivicCenterService@ocgov.com

When in doubt, for emergencies, always call 9-1-1!

## 'Shark Tank' Approach to Innovation Yields Creative Results

Public Health Services (PHS) launched an innovative 'Shark Tank' challenge for staff to present their ideas and compete to receive one-time funds ranging from \$25,000 to \$100,000 to implement their proposals.

In FY 2015-16, PHS leadership seized on the opportunity afforded by a one-time increase in available funding to support new initiatives that address objectives identified in the Public Health Services Strategic Plan 2014-2016.

Staff from across all Public Health programs were encouraged to submit proposals on projects that would address goals identified in the plan that include five focus areas:

- Optimal Birth Outcomes
- 2. Chronic Disease Prevention
- 3. Chronic Disease Management
- 4. Reproductive Health
- Food Safety



With props in hand, speeches ready and game faces on, groups set-out to pitch their proposals to a panel of sharks (judges) that consisted of representatives from PHS, Administrative Services and the Director's Office. Each had the hopes that they could be the next PHS entrepreneur to get their projects funded.

"Because our budgeting process starts long before the fiscal year, we rarely have the opportunity to change how we do things or be creative," said Donna Fleming, PHS Chief of Operations. "Shark Tank is intended to support new ideas and new ways of working together to address priority health

needs in the community."

After programmatic questions were asked and presentations completed, judges scored a total of 14 proposals based on a set of criteria that focused on alignment with the Strategic Plan, strength of description, the initiative's ability to be evaluated and cost. Out of the 14 received, the following seven unique and innovative initiatives were funded.

• Promoting Optimal Birth Outcomes (\$18,000) – The Family Health Division partnered with the March of Dimes® to host the "Promoting Optimal Birth Outcomes" training for PHS and Behavioral Health Services clinical staff. The



training helped to support consistent messaging for prenatal and preconception/interconception health care.



• 5 Star Merchant Program (\$6,000) – Tobacco Use Prevention Program (TUPP) staff increased adherence checks (looking for compliance with state laws) at tobacco retailers located in areas of Orange County that have a higher number of youth smoking. Retailers meeting criteria were rewarded by receiving a "5 Star Merchant" certificate, window cling, penny tray and recognition in



their local newspaper through an ad that listed their name and how they qualified for the award.

• Smoke-Free Environments (\$13,000) – To reduce smoking in Orange County and promote smoke-free environments, TUPP worked with a graphic consultant to develop artwork for signs in English, Spanish, Vietnamese, Korean and Farsi, and in a variety of

colors and formats. The artwork was also printed on various promotional items

with a tagline "Enjoy Your Local Smoke-Free Environments" that were provided to community members.

• Physical Activity in Faith-Based Organizations (\$15,000) – To create physical activity opportunities at faith-based organizations, Health Promotion staff worked with leadership and active community members at three churches in Santa Ana and Garden Grove. Exercise equipment was purchased and staff identified partners to teach physical activity classes and lead walking groups. Funds were also used to purchase translation equipment for community outreach meetings.



- Chronic Disease Management (\$15,000) The Public Health Nursing division implemented several trainings to increase expertise for nurses around supporting clients in managing chronic diseases. Funds were also used to purchase iPhone applications for medications, medical tools and reminder systems for nurses.
- Hand Washing Campaign (\$68,000) Environmental Health used funding to produce themed hand washing signs around the "Art of Hand Washing." A "dos and don'ts" of hand washing story board was also developed in multiple languages to help reinforce positive behaviors of food handlers, as well as a logo to be printed on promotional items and shirts for food facility inspectors to wear during inspections.
- Foodborne Illness Prevention (\$38,000) To reduce foodborne illness cases, Environmental Health's project focused on four areas: High School Food Safety Education, Food Employee Education, Food Safety at Home and Foodborne Illness Training for Epidemiology and Assessment Staff.



# HUMAN RESOURCE SERVICES News You Can Use

#### **How To Make Sky-High Healthy Apple Pie**

Take a detour from the traditional American apple pie crust this Thanksgiving; this sky high Rougemont style apple cake will steal the show at any Thanksgiving table.

Don't let the astounding number of layers upon layers of thinly sliced apples scare your waist line because it's packed with healthy ingredients and great flavor. Happy Thanksgiving!

Recipe and photos courtesy of The Healthy Foodie http://thehealthyfoodie.com/healthy-apple-pie-rougemont-style-or-wait-is-it-really-a-cake/





#### Ingredients

Crust:

1 cup spelt flour (look for it at your health food store)

3/4 cup whole wheat pastry flour

1 tsp. baking powder

1/2 tsp. salt

4 Tbsp. extra-virgin olive oil

3/4 cup low-fat buttermilk

1 large egg

#### Filling:

1 cup low-fat buttermilk

1 cup coconut water

1/2 cup egg whites

2 large eggs

1/4 cup date paste

3 Tbsp. arrowroot flour (or cornstarch)

1 tsp. cinnamon

Freshly grated nutmeg to taste

The seeds from one vanilla bean (or 1 tsp. pure vanilla extract)

8 large apples (an assortment of types)

1/2 cup raisins

1/2 cup pecans, coarsely chopped



Indulge in an alternate type of dessert this year for Thanksgiving!

#### **INSTRUCTIONS**

For the crust

Whisk flour, baking powder and salt together in a large mixing bowl. Set aside;

In a separate bowl, whisk oil, buttermilk and egg; pour this over reserved flour mixture. Stir lightly with your fingers until the ingredients come together to form a fairly smooth dough. If your dough is too soft, add extra flour until you reach the desired consistency. Your dough should be soft, slightly tacky, but not sticky.

Transfer dough onto a piece of plastic wrap. Press down to form into a thick disc, wrap and refrigerate for at least 30 minutes.

For the filling

Preheat oven to 375F.

On floured surface, roll out dough to form a 12-13 inch disc. Fit into 9 inch spring form pan, letting excess hang over edge; Set aside.

Cut the apples in half and remove their core with a melon baller. Slice the apples as thinly and uniformly as you can; the use of a mandolin is strongly recommended. Reserve the prettiest slices for the top layer (the equivalent of about 2 apples).

Arrange your apple slices in layers, working your way up in a somewhat circular pattern. No need to be super fancy until you get to the very last layer, but still, you want to keep your layers as level as possible.

When you get about halfway up, sprinkle half the raisins and half the pecans, and then resume piling slices of apples. Make sure to make the final layer super pretty and sprinkle the rest of the raisins and pecans; Fold excess dough back over the apples and set aside.

In a large mixing bowl, delicately mix the date paste, arrowroot and eggs with a whisk until smooth and well combined. Whisk in egg whites, followed by

buttermilk, coconut water, cinnamon, nutmeg and vanilla. Whisk until all the ingredients are fully incorporated then slowly pour that mixture right in the center of your cake. Don't pour too quickly: you want the mixture to get between all the apple slices while avoiding getting too much of it on top of your cake.

Place in the oven immediately and bake for 40-45 minutes, until the crust turns nice and golden brown and the cake is set.

Turn the oven off and crack the door open. Let the cake cool in the oven for a couple of hours, then chill completely in the refrigerator for at least 6 hours, preferably overnight before very delicately removing from pan.



Hey OC employees, you can be "All In" for America Recycles Day. On October 25, 2016, Board of Supervisors Chairwoman Lisa Bartlett presented Orange County's recycling coordinators with a proclamation acknowledging their contributions to recycling success in Orange County. The proclamation coincides with America Recycles Day which takes place nationally on Nov. 15.

The national recycling rate has increased over the past 30 years. The current recycling rate is 34 percent. America Recycles Day is the perfect time to take the pledge and do your part to increase recycling.

For hours of operations, visit oclandfills.com/hazardous.

Join us in recycling more:

Act about what materials are recyclable in your community.
 Act to reduce your personal waste by recycling more and buying products made with recycled content.
 Share During the month of November, encourage one family member or one friend to take the #BeRecycled pledge.
 A map of America Recycles Day events in Orange County can be found at https://americarecyclesday.org/events/. In addition, visitors taking hazardous waste to any of the four county Household Hazardous Waste Collection centers between

Nov. 5 and Nov. 15 can snag a free reusable bag, battery bucket and coupon for Discovery Cube tickets while supplies last.



**America Recycles Day** 

**NOVEMBER 15** 

#### SSA Eligibility Technician Saves Young Girl from Drowning in Jacuzzi

On a lazy Sunday in October, Angelica Reyes and her children looked forward to a neighbor's pool party complete with good food and fun. What happened next would turn a relaxing pool party into a triage session after 2-year-old Brooklyn fell into the Jacuzzi unsuspected, away from the eyes of adults.

One smart boy, T.J., didn't see the drowning child at first until he submerged into the Jacuzzi and suddenly saw Brooklyn under water and not responding. With a quick sense, he brought the alarming situation to an adult's attention. Had T.J. not noticed the drowning child in the choppy and constantly moving Jacuzzi water, the situation could have proved fatal.



While in her uncle's arms unconscious, Brooklyn turned an ash white color, not breathing, and limp after the child was brought out of the Jacuzzi. "I never would have expected this to happen at a party. It happened so fast," said Angelica.

Assessing the situation and with knowledge of Cardio-Pulmonary Resuscitation (CPR,) Angelica, an Eligibility Technician at the Social Services Agency sprang into action with her instincts in tow. Her adrenaline ran high as she prepared Brooklyn for CPR by tilting her head back and looking for obstructions in her mouth and throat.

Angelica performed CRP techniques of blowing into the child's mouth and using chest compression cycles. She remembered the CPR class, but another technique she had seen on the TV show "Grey's Anatomy," helped with the timing of conducting chest compressions.

In the TV show, CPR is performed to the beat of the famous Bee Gee's song "Stayin' Alive." Angelica used

the song in her head, repeating the same melody twice, and then when it appeared hopeless, Brooklyn coughed up water, cried and her chest contracted. Her color was restored. Brooklyn revived after three long breaths and 15 compressions.

The Irvine Police Department honored Angelica with a Challenge Coin for her heroism, courage and exceptional community service.

Brooklyn was taken to the hospital for overnight assessment. Angelica visited her the next day and was happy to report that Brooklyn was happy and well.

Angelica is humble about her heroism, and credits T.J. as the hero for being vigilant and alerting adults. It looks like T.J. has a future career path as first responder.

Drowning is the leading cause of accidental death in children under the age of 5 years old. Since 2015, drowning incident numbers decreased. According to the Orange County Fire Authority, of 70 drowning incidents in Orange County until late September 2016, 29 resulted in fatalities. In 2015, among the 118 drowning incidents, 50 were fatal.

The Health Care Agency, along with partners such as Orange County Fire Authority; Children's Hospital Orange County; the American Academy of Pediatricians; and Orange County Sheriff's Department historically have engaged in independent activities and campaigns to promote water safety.



For tips and a guide, see HCA's webpage on the prevention of drowning. <a href="http://ochealthinfo.com/phs/about/family/mcah/dp">http://ochealthinfo.com/phs/about/family/mcah/dp</a>

The Orange County Task Force on Drowning Prevention also has helpful information at: <a href="http://www.ocdrowningprevention.com/Sites/US/CA/Irvine/OCTaskForceOnDrowningPrevention-78564/Web/Home.htm">http://www.ocdrowningprevention.com/Sites/US/CA/Irvine/OCTaskForceOnDrowningPrevention-78564/Web/Home.htm</a>

Supervisor Todd Spitzer, Third District, is a member of the Orange County Task Force on Drowning Prevention. Every year, he challenges the community to develop a coordinated plan and collaborative campaign to reduce drowning incidents and fatalities. The 34-member task force includes representatives from public health, public safety and non-profit organizations, plus parents of victims and Olympic medal-winning swimmers.

Taking a CPR class could save a life. Join one of the many organizations that offer it. The American Red Cross offers free CPR classes. All it takes to learn is a few hours of your time.

#### Workplace Safety - Managing Allergens and Irritants in the Workplace

Many of us suffer from "seasonal allergies." Sneezing, watery eyes, runny noses and upper respiratory irritation brought on by higher levels of pollens and allergens in the outside air. But did you know that what we do inside buildings can also impact these symptoms? Most people know that good housekeeping, promptly addressing spills, and general cleanliness help to reduce odors and dust; but did you know that how we personalize our work spaces can also have a big impact on irritants, odors, dusts, and allergens?!



Here are some easy tips to help avoid irritation and discomfort for you and your co-workers:

#### 1. Be conscientious of using items with strong scents and fragrances.

• Avoid using scented items in common workspaces. This includes the obvious—perfumed lotions and personal care items, and the maybe not-so-obvious—scented cleaning sprays. (Most cleaning products, particularly aerosols and sprays, must be properly stored in a well-ventilated cabinet, and not stored in occupied areas).

## 2. Dust and dust mites are a common allergen for many people – limit items that can harbor dust and mites.

- Choose personal items for your desk that won't hold onto dust—framed photos are easier to keep dust-free than stuffed animals or artificial plants & flowers.
- Sweaters and blankets are great to have at your desk when the weather turns colder—but remember to regularly launder those cozy items! (shoot for once per week)
- Help clear your mind and the air by de-cluttering your work surfaces! Limit the papers and files left on your desk overnight, this also makes it easier for janitorial staff to clean surfaces without disturbing your effects.



# 3. Avoid attracting pests/vermin to your work space by not storing food and drinks at your desk.

 We all get hit by the snack attack now and then, but no one wants unwelcomed critters! Also, some people are sensitive to cockroach/ mice/ rat allergens.

## 4. Did you know that cat and dog allergens can come to work with you?

• We love our "fur babies," but please remember that some of our co-workers are allergic to them. Pet owners should do what they can to avoid tracking pet dander to work on clothes and other "soft" items. Workplace Safety continued

#### **Assuring A Safe Workplace for All**

The California Labor Code requires all employers to provide workers' compensation benefits to their employees when an industrial injury occurs. CEO Risk Management responds to this legal mandate through a self-insured workers' compensation program using a contracted claims management firm known as a Third Party Administrator (TPA). TPA services are competitively bid and provided through a contract awarded by the Board of Supervisors.

The program's mission is to provide State-mandated and County-sponsored MOU benefits to injured County employees and other qualified recipients as promptly and economically as possible. While the TPA manages day-to-day claims processing, County staff coordinates benefit provision for all County agencies and departments with Human Resource Services and Auditor-Controller/Payroll. County staff provides oversight of the TPA's performance, assists with problem resolution and provides support for return to work of injured workers.



The program is staffed by one program manager and two staff specialists. A fourth position was recently added to the program in the FY 16-17 budget. A recruitment was conducted and the assistant program manager will begin work on November 4.

The County diligently investigates suspected workers' compensation fraud and has successfully partnered with County departments, the Orange County District Attorney insurance fraud unit and the State of California Department of Insurance.

No one wishes to get hurt or have someone get hurt while on the job. Prevention of workplace injuries is the primary goal of the County's Safety and Loss Prevention Program ("Safety Program").

Prevention of injuries requires three basic steps: (1) identifying a hazard; (2) identifying possible solutions to reduce hazards; and (3) implementing the chosen solution. Most times, safety hazards can be identified and remedied without the help of a safety specialist.

However, the County has a staff of Safety and Training Officers (STOs) who work with the County agencies and departments to establish programs for reducing injuries, and to assist with more complex safety issues.

Most recently, the County Safety Office has been reviewing and improving its safety training programs, has added two new STO positions, has been looking more critically at injury trends, and is in the process of revitalizing the Departmental Safety Representative (DSR) program. Recognizing that even though management of injury cases can help reduce injury costs to the County, the primary opportunity to reduce these costs is to prevent injuries in the first place!

The CEO Safety Loss and Prevention Program is available to help serve your safety needs. For questions or information regarding resources or training, please contact the office at 714-285-5500 or by e-mailing us at Safety@ocgov.com.

#### **Festive Fall Pumpkin Carvings**

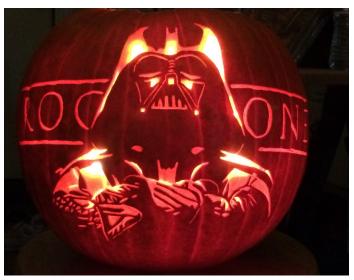
To close out the Halloween season, the pumpkins come out in style. Carving pumpkins has long been a tradition and some bring their carving skills to the next level. Kevin Onuma, OC Public Works' Deputy Director of Operations & Maintenance, carved these amazing pumpkins!















#### **Events**





FREE 2016 VETERANS DAY EVENT

10:30 a.m. to 2 p.m. Friday, Nov. 11, 2016

OC Fair & Event Center, 88 Fair Drive, Costa Mesa PARKING IS FREE. PLEASE ENTER GATE 3 OR 4.

WORKERS ACROSS CALIFORNIA INVITE YOU TO

Join us for a FREE Veterans Day Community Celebration to say

## THANK YOU TO OUR VETERANS

LIVE MUSIC AND ENTERTAINMENT | VETERANS RESOURCE FAIR | FREE HOT DOGS FREE BOUNCE HOUSE FOR KIDS | FREE HEALTH SCREENINGS | JOB ACCESS FOR VETERANS

FOOD DRIVE: Please bring non-perishable food to be donated to veterans in need.

FOR MORE INFORMATION, PLEASE VISIT WWW.VETERANSANDLABOR.COM

DON'T MISS THE DEDICATION OF THE HEROES HALL VETERANS MUSEUM—Begins promptly at 1 p.m.

























































## **Service Awards**

for the month of October



## **40 Years**

**Doreen Roldan** District Attorney

## 35 Years

**David Perry** Auditor-Controller

Elizabeth Bunetta Probation

**Alonzo Whitney** Child Support Services

**Maria Maynard** Sheriff-Coroner

**Robert Davis OC Public Works**  Joe Dorantes **OC Public Works** 

## 30 Years

Mary Robilee

Child Support Services

Jorge Guidi County Executive Office

Nancy Foroughi OC Public Works

**Bradley Carrington** Sheriff-Coroner

**Charles Terrebonne** 

Clerk-Recorder

Jamie Mashburn District Attorney

**Christopher Bieber** Probation

**Reyner Guerrero** Sheriff-Coroner

Adrienne Heckman

County Counsel

**Leonard Campos** OC Community Resources OC Public Works

Michael McFadden Probation

Jean Noud Social Services Agency Raymond De Avila County Executive Office

**Art Andrew** 

William Baker Sheriff-Coroner

**Betty Torres** Social Services Agency

## 25 Years

Aida Lopez Airport Operation

Joseph Guzman Health Care Agency

Gina Drury OC Community Resources

Maggie Vong

Child Support Services

Sarah Hyunh Health Care Agency

**Sherry Toth OC Community** Resources

Yan Qian

District Attorney

**Steven Sharp** Health Care Agency

Alan Yuki OC Waste & Recycling **Delia Aponte** Health Care Agency

Patricia Stancato Health Care Agency

Steven Baden Sheriff-Coroner

(Continued on page 20)

## **25 Years Continued**

**Curtis Heve** Sheriff-Coroner

**Donovan Bayron** Social Services Agency

**Hue Pham** Social Services Agency **Matthew McDaniel** Sheriff-Coroner

Hanaa Hanna

**Teresa Roach** Sheriff-Coroner

**Ruth Jasso-Haile** Social Services Agency Social Services Agency Lisa Von Nordheim Sheriff-Coroner

**Garrett Mashburn OC Community Resources** 

## 20 Years

Oscar Jorge	<b>Lani Nguyen</b>	<b>Lena Tran</b>	Jodi Igo
Assessor	Assessor	Auditor-Controller	Child Support Services
Kent Ritter	Alana White	Christine Zubiate Child Support Services	Valerie Sanchez
Child Support Services	Child Support Services		Clerk of the Board
Alison Gyves	<b>Denise Hernandez</b> District Attorney	Jennifer Malone	Rafael Mendoza
District Attorney		District Attorney	District Attorney
Erlinda Doyo-Hou	David Maciel	Jeffrey Kirkpatrick OC Community Resources	Maritza Fajardo
Health Care Agency	Health Care Agency		OC Public Works
<b>Darryl Brown</b> Probation	<b>Charles Hasse</b> Public Defender	<b>Armando Lopez</b> Public Defender	<b>David Marston</b> Public Defender
<b>Derrick Munck</b> Public Defender	Christopher Kerr	Adan Verdugo	John Foley
	Sheriff-Coroner	Sheriff-Coroner	Sheriff-Coroner
David Rapponotti	<b>Lynette Shinedling</b>	Aimee Yap	Denise Churchill
Sheriff Coroner	Sheriff-Coroner	Sheriff-Coroner	Social Services Agency

#### Sandra Gomez

Social Services Agency

To view the October list in its entirety, which also includes recipients of 5, 10 and 15-year Service Awards, please click **here**.

Service Awards are announced in each edition of County Connection in the month immediately following work anniversaries, not in the month of the anniversary. If you believe there has been an error or omission in reporting your years of service, please email Navminder.Kaur@ocgov.com.

# PARTING SHOT!

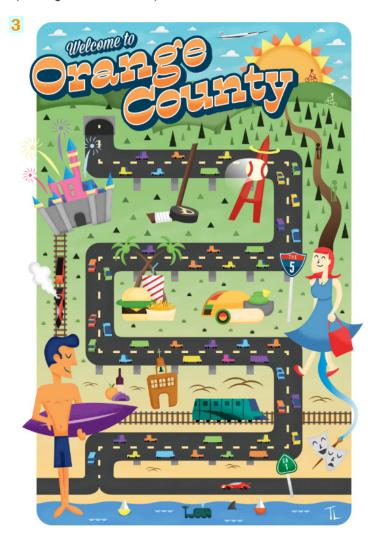
Welcome to Parting Shot, a feature designed to close County Connection with must-see visuals from Orange County, captured through the lenses of County employees. Click on the photos to enlarge.





- 1. **Michael Sullivan,** captured this egret flying over the water in Crystal Cove. "My son and I recently went camping for his 6-year-old birthday at Crystal Cove in Laguna Beach. We came across a "cattle egret" in a marshy area, as we took a walk in the morning along the the beach. My son approached the egret a bit too fast, scaring it off, but this actually allowed me to get a great shot of it flying away!... complete with the picturesque reeds and backdrop of the bushy cliffside."
- 2. Tracy Sanders, photographed this beautiful scene of a "Sunset on the Santa Ana River trail. I took these with my phone as I was out walking on the trail behind my house so I don't know how these will come out."

(Parting Shot continued)



3. Travis LaRiviere, CEO staff specialist and designer of County Connection, had some fun on his own time and created this original illustration poster to capture all of Orange County in a single image. Using his unique style, he included our local sports teams and amusement parks, delicious food, and some of the more famous lifestyles of our residents.

Have you taken a photograph of something cool and beautiful in Orange County? Would you like to submit it to Parting Shot for consideration? If so, send it via email to <a href="mailto:travis.lariviere@ocgov.com">travis.lariviere@ocgov.com</a>. Please provide your job title and department and the details of the photo (location, what's happening, etc.) Please know that not all submissions will be used; decisions are at the discretion of the CEO Communications staff.



#### **Connect with Us on Social Media**

On Twitter at www.Twitter.com/OCGovCA

on Facebook at <a href="https://www.Facebook.com/OCGov">www.Facebook.com/OCGov</a>

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