



Dear OC Employees,

If you're like me, you're recovering from an abundance of food, family and fun at Thanksgiving and looking ahead as the holiday season kicks into high gear.

For many, this season is one long celebration from now until New Year's Day. For others, it can be a bit more of a chore. Wherever you sit in the spectrum, I always find it helpful to take a deep breath amid the bustle and practice a cue from Thanksgiving.

In a word, it's gratitude.

There is both science and emotion tied up in gratitude – and it's not something we usually think about at work. (Or, if we do, it's that others should be grateful because we're working our tails off.) However, there are tangible benefits from showing gratitude by reflecting on the things we're thankful for. It helps fuel more positivity, more energy, better sleep and even stronger immune systems.

Some people keep gratitude journals or make it a point to note something each day for which they're thankful. It's the opposite of our human tendency to keep mental notes of the transgressions or annoyances of others. Try turning to the positive instead—and the more specific the better. While you're at it, make sure to share the feeling. We may be thankful

(Continued on page 2)

A Full Circle Journey: Dede Dammann

Every Thursday night, Dede Dammann's 86-year-old father makes dinner for his children and their significant others. Even though his children are adults, Mr. Dammann has continued this commitment to Dede and her brother Michael as a symbol of his love for them. The elder Dammanns, both educators, originally opened their home and hearts by adopting Dede and her brother to form a loving family in San Antonio, Texas.

The family moved to California where Dede eventually would follow in her parent's footsteps to become an educator --- not in academia but in the



Human Resource Services Dede Dammann

workplace. As a staff development specialist in the Learning and Organizational unit of Human Resource Services for the past 18 months, her job is to foster leadership development, self-evaluation and reflection. "I honor my parents by being an educator and having purposeful work," she said.

Dede's 21 years of experience before joining the County includes being a facilitator sent to multiple airports after the tragedy of 9/11 when she re-trained Transportation Safety Administration (TSA) employees about new baggage and screening safety protocols.

Dede's role at the County is to facilitate the communication necessary to shift the work culture to a more positive environment. She helps employees find strength in themselves to bring out their best and realize who they are. It's not uncommon for employees to get lost in a rut or struggle with understanding their value at work. However, when asked in a County survey, employees identified service as what they value the most at their job.

Dede enjoys providing skills, knowledge and tools to new and experienced workplace supervisors to become more effective in their jobs at the County. "I compliment the leaders I've met in my PDX (Professional Development Experience) classes. When it comes to the County's future, I am entirely encouraged by the abilities and dedication our leaders have demonstrated and shared when it comes to supporting their teams and serving our community,"

(Continued from page 1)

generally for help from a co-worker but communicating specifically to that person about why they made a difference will make you feel better and reinforce the value of teamwork.

Even a single act or acknowledgement of kindness goes a long way. Scientists who study positive psychology have documented immediate increases in feelings of happiness and satisfaction. Saying thank you—to coworkers or members of the public that we serve also is good for the business of the County. Studies show that being grateful and expressing it have a ripple effect, leading to an increase in trust and more willingness to help the next time.

Another way to spread the benefits of positivity this holiday season is to consider joining the Holiday Gift Drive something County employees have made a success for the less fortunate in Orange County since 1962. Collection boxes are available in all County buildings and at OC Public Libraries.

With the generous support of County employees and the community, last year Operation Santa Claus was able to provide more than 35,000 toys and gifts to children, while Senior Santa & Friends provided over 2,500 gifts and necessities to low-income seniors and adults. Toys, necessities, gift cards, and checks are all appreciated.

Our Holiday Gift Drive began this month and continues through December 23. See page 9 for more information.

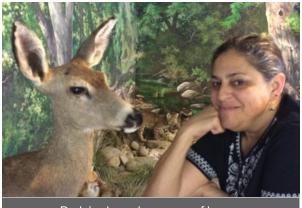
You can also donate online to Operation Santa Claus at: http://ssa.ocgov.com/ volunteer/donations/osc_donation or to Senior Santa & Friends at:

http://ssa.ocgov.com/volunteer/ donations/sr_santa_donation

As we head into the holiday season, please know how grateful I am for our County family and for the effort and dedication you bring to work each day. Best wishes for a healthy and satisfying holiday season and Happy New Year!

Sincerely, **Frank Kim** *County Executive Officer* (Continued from page 1) said Dede. "Trust is a huge cornerstone of every team; it's a behavior in the form of a verb, not a noun--creating better connections at work."

Dede was a student of her own advice about trust and communication as she set out to find her biological parents. With the support of her adoptive parents, Dede found and communicated with her birth mother



Dede's shows her sense of humor by posing with a faux deer.

Esther, a retired psychologist. Hoping Dede would eventually reach out to her, Esther kept her surname to be searchable. After finding her birth mother, Dede learned that her biological aunt is also a teacher and has an academy named after her, the Irene L. Chavez Excel Academy in San Antonio.

The meeting between the two would prove to be powerful for Dede because she could see where her innate qualities were inherited. For example, Dede is a self-taught and talented artist. Even as early as elementary school, she impressed her art teacher with multiple projects in a one-hour class setting. "You can share information," Dede said, "but my intention is to create an expression." Today in her spare time, Dede collaborates with her partner Amy on selling Dede's art on the internet, everything from paintings, drawings, embroidery and even sock monkeys.

Dede's search for family is especially poignant as the County concludes recognition of National Adoption Awareness Month in November. While all adoption-related issues are highlighted during the month, the particular focus has been on the adoption of children in foster care. Last month, Board of Supervisors Chairwoman Lisa Bartlett presented a resolution to Social Services Agency Director Mike Ryan in recognition of the agency's work to promote adoptions.

Finding and reconnecting with a birth family is a highly personal journey. Her advice to those deciding to meet birth parents is to be willing to face any consequence and accept that a meeting can go in any direction.

Dede learned that while she is the youngest in her adoptive family, she is the oldest in her birth family. "Mom, I'm home," she announced as she walked into Esther's home in San Antonio for the first time. "We've been looking for you," Esther remarked.

Dede would soon learn Alejandro, her biological half-brother, is an accomplished artist who has works in the Renwick Gallery of the Smithsonian American Art Museum and in the Los Angeles Modern and Contemporary Art Museum (LACMA.)

PLEASE SEND PROFILE SUBJECTS FOR COUNTY CONNECTION!

Do you know someone who would make a good employee profile? We're looking for staff-level employees who love their job and carry the flag with enthusiasm both for their agency and the County as a whole. Send submissions to <u>anahid.burkhart@ocgov.com</u>



Orange County's Chinatowns By Chris Jepsen

Several Orange County communities once had their own Chinatowns, including Santa Ana, Anaheim, and Orange. They're long gone but were important to our early development.

In the mid-1800s, China's crumbling economy, social upheaval, and a series of natural disasters encouraged young men to seek their fortunes overseas. Tens of thousands, especially from the southeastern provinces, traveled to California, where the Gold Rush and railroad work offered opportunity.

Some worked the gold fields. Some opened laundries, restaurants and other businesses or found work as servants, cooks or gardeners. Many Chinese immigrants found jobs as railroad construction laborers and ultimately built a significant percentage of the American railroad system, including the lines through Orange County. Others sold vegetables from carts, or went into fishing, factory work, or – most notably – farm work. By 1890, Chinese-born laborers accounted for 75 percent of California's agricultural work force.

Throughout Orange County, the Chinese planted and worked in the orange groves and the vineyards. Many lived in migrant tent camps. They introduced celery cultivation here, which became one of our most profitable crops. Chinese laborers also dug many of our early irrigation canals, which fundamentally changed Orange County's future.

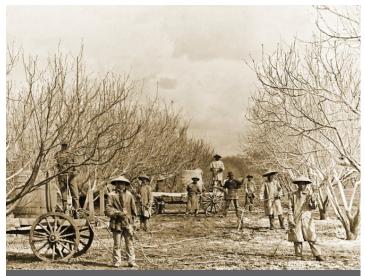
The Chinese faced widespread and pervasive discrimination from the moment they arrived in California. And as the late 1800s continued, anti-Chinese sentiment grew even stronger. New laws placed undue tax burdens on Chinese immigrants and prevented them from attending public schools, owning real estate, or holding many jobs. Land owners were forced to replace their Chinese employees with others. Some Chinese laborers returned home, while others sought refuge among the local Chinatowns.

Our Chinatowns were marked by their laundries; large vegetable gardens; and ramshackle wood buildings, including elongated, low-roofed bunkhouses with communal kitchens. With the language barrier and xenophobia afoot, the Chinese seldom entered into matters related to the larger community. Most kept to themselves, sent their earnings to their families in China, and maintained their traditional customs. Those customs – including their baggy silk clothing and shaved heads with braided queues – helped make the immigrants a point of mystery and curiosity to their neighbors.

Orange County's largest Chinatown, in Anaheim, was established in the early 1870s. By 1876, about a sixth of Anaheim's population was Chinese. Chinatown was located along Chartres Street, between Lemon Street and Anaheim Boulevard. The site is now under an old AT&T building and parking lot, as well as a segment of Lincoln Avenue. and a corner of the Von's shopping center parking lot. Historian Leo Friis wrote, "Many Chinese engaged in truck farming northeast of Anaheim and their vegetable wagons were a familiar sight. ...Actually, Anaheim was a good place for Chinese to live. Its citizens never carried to extremes the prejudice found in many other towns."

Santa Ana's Chinatown was a motley set of wood buildings in what's now primarily a parking lot at 3rd and Bush Streets, behind the old City Hall. It featured shops, residences, and a large communal vegetable garden. At its peak, it had about 800 residents. Caucasian Santa Anans described the area as unsightly and odiferous – the latter probably attributable to overcrowded, unsanitary conditions; incense; and unfamiliar spices and foods.

Orange's Chinatown was moved from Downtown to the west side of Glassell Street, near Santiago Creek in the 1890s. (A Union 76 station stands near the spot today.) This collection of rambling buildings and gardens included "a store, a laundry or two and a



Chinese workers spraying apricot trees for disease near Tustin, around 1900. (Courtesy CSUF Special Collections)

(Continued from page 3)

bunkhouse where most of the men lived," wrote historian Phil Brigandi, "Out back, chickens wandered around the fenced drying yard for the laundry."

With continuing prejudice against the Chinese; with hardly any Chinese women or children; with the men aging, dying, moving, and occasionally returning to China; and with laws stopping further immigration from China, our Chinatowns eventually disappeared.

Orange County's Chinese population dwindled to 136 by 1900, to 85 by 1910, and to just 26 by 1920. The final remnants of Orange's Chinatown were condemned and the last business closed in 1924. After the death of the last (elderly) Chinese man in Anaheim's Chinatown in 1935, most of the vacant buildings were torn down, with the last one demolished in 1940.

Santa Ana's Chinatown died more dramatically. The city fathers had long been unhappy with Chinatown's presence. Their chance to do something about it came in 1906, when a case of leprosy was discovered in what was already a greatly diminished Chinatown. The remaining residents were removed and quarantined, the buildings were condemned as a health hazard, and on May 26, 1906, the city marshal burned down Chinatown in front of a celebratory audience of more than 1,000 locals. Most Chinese left Santa Ana after the fire. Those remaining were relocated to a spot along the Santa Ana River, where some stayed and grew vegetables. The last to leave "China Gardens" along the river, was Lee You, who returned to China in 1923.

By the time the last of Orange County's first wave of Chinese immigrants died in the 1930s, immigration laws had relaxed a



A family in Anaheim's Chinatown, around 1892. Usually the women and children remained in China. (Courtesy Anaheim Public Library)

little, and a handful of new Chinese families were already settling here. Today, Orange County has about 80,000 residents of Chinese descent. Like other Orange Countians, few of them know about the early Chinese pioneers who paved the way.

About the Author

Chris Jepsen is the Assistant Archivist at the Orange County Archives, a function under the office of Clerk-Recorder Hugh Nguyen.

Reach him at Chris.Jepsen@rec.ocgov.com or 714-834-4771 if you have questions about the Archives.

SAFETY SPOTLIGHT

Pedestrian Safety

If you are in the downtown Santa Ana Civic Center and need to cross Santa Ana Blvd. south of the Hall of Administration, please remember to use the crosswalk at Santa Ana Blvd. and Broadway St. It is a violation of traffic laws in California to cross a street outside of a marked crosswalk if you are between two adjacent intersections that are both controlled by "traffic control signal devices" (i.e. traffic lights such as those on Santa Ana Boulevard). You must use the crosswalk (California Vehicle Code Section 21955). According to the National Highway Traffic Safety Administration in 2013, seven out of 10 pedestrian fatalities occurred at non-intersection locations. Always know and follow all traffic rules and walk in safe places such as crosswalks!

Holiday Safety Reminders

The holiday season is here again and with all of the festivities comes an extra reminder to pay special attention to your surroundings and to use additional caution as you travel to and from work, the mall, holiday parties and the like. As the OC Sheriff's Department reminds us in their Holiday Safety Tips, "always lock your vehicle and remove all of your valuable property, especially your holiday gifts." While crime can happen anywhere at any time, the holidays do show an uptick in vehicle burglaries "because many people drop off their purchased gifts to their vehicle and go back into the store for more shopping, leaving their vehicles and gifts unattended." Please take a couple of minutes to watch the following video from ABC 7 in Denver, CO, which underpins this message with additional tips from a former thief.



Kudos to Our Award-Winning Colleagues in Health Care Agency

What do two Health Care Agency staffers from different service areas both have in common? Recent recognitions that bring honor to the department as a whole. Read their individual stories below and congratulate them in person if you get the chance!

Dr. Sam Stratton

With his vast experience, knowledge and contributions to the emergency medical system, it's no surprise that Orange County Emergency Medical Services (EMS) Medical Director Dr. Sam Stratton was named 2016 EMS Medical Director of the Year by the California EMS Authority (EMSA).

Dr. Stratton's notable contributions to the EMS system in Orange County include overseeing an expansion of the cardiovascular receiving center system; developing policies and procedures that led to the creation of a stroke neurology receiving center system; and developing an electronic patient care report system, to name a few.

Since 1978, Dr. Stratton has served in various EMS leadership roles throughout his career that have included assistant director, director, medical director, educator, practicing physician, committee member and author. He also received global praise for his work in research and developing services for emergency medicine and public health. Read the OC Register article here.



Kim Pearson

Congratulations to Correctional Health Services (CHS) Deputy Agency Director Kim Pearson on being selected as a 2016 Nurse.com GEM Award National Winner in the Executive Leadership Category. Kim is one of five nurses from around the country who was chosen to receive this prestigious award that recognizes nursing's best and brightest.

Kim oversees a team that provides health care services to approximately 7,000 incarcerated adults and youth within the nine juvenile and adult correctional facilities in Orange County.

She's described by her colleagues as a trustworthy, experienced, inspirational leader who recognizes strengths in individuals, provides opportunities for people to showcase these strengths and continue to grow professionally.



Kim Pearson

Make Safety the Key Ingredient to Your Holiday Meals

When preparing meals this holiday season, avoid the risk of dishingup a foodborne illness to family and friends by ensuring that food safety is a top priority.

Safety starts with your grocery store purchase and continues with proper food preparation and handling. It should also play a key role in how you cook, serve and store your turkey along with other meats and traditional side dishes.

To help get your holiday meal prep and baking safely underway, Environmental Health's Food Protection program created a comprehensive Holiday Food Safety guide. Here's a sample of some of the helpful tips available:

Food Safety Tips When Shopping

- Buy your turkey preferably 1-2 days before you cook it.
- Pick up the turkey, dairy, and eggs just before checking out.
- Bag the frozen turkey or keep it separate from fresh produce.
- Avoid buying fresh, stuffed turkeys.

Preparing Food Safely

- Wash your hands with soap and water.
- Make sure working areas and surfaces, utensils and plates are also clean.
- Use separate cutting or chopping boards for meats and for fruits/vegetables. Avoid putting cooked food on cutting boards that have touched raw food.
- Avoid wiping your hands that have touched raw food with dish towels.
- Keep raw food away from vegetables and side dishes that will not be cooked.

Check out more holiday food safety tips here. To learn more about Environmental Health's Food Protection program, visit www.ocfoodinfo.com.

Meet Cezar, Probation's Newest K-9

The Probation Department is excited to introduce a new handler for our K-9, Cezar. The K-9 handler position involves much more than simply "working the dog." It is a highly technical assignment that demands a great deal of dedication and collaboration. Due to the numerous presentations in the community, they are often viewed as the face of the department. In July, Deputy Probation Officer (DPO) Vince Cooper was selected as our department's new K-9 handler.

DPO Cooper has been with the Probation Department since 2001. His assignments have included the DNA Unit, DUI Court Program, the Sex Crimes Unit for two years and most recently in the Special Enforcement Unit for the last three years. DPO Cooper has expressed interest in the canine program for several years and to that end became a certified canine agitator at his own expense. As part of the canine competition, DPO Cooper completed an agitator class in July 2016 at Adlerhorst International where he excelled.

DPO Cooper has gone through extensive training with Cezar. He and Cezar completed six weeks of Basic Handler School and five weeks in narcotic detection in preparation for their assignment. He started working with his partner canine "Cezar" on October 24, 2016.





John Wayne Airport Recognized by Airports Council International

John Wayne Airport was recognized by Airports Council International – North America with a 2016 Excellence in Airport Marketing and Communications Award for JWA's 2015 Annual Report.

JWA creates an annual report to provide the Airport's most recent audited financial statements and is one of the many tools used to effectively communicate with stakeholders about the day-to-day operations at the Airport while sharing the accomplishments of the previous year.

Produced in 2016, John Wayne Airport's interactive, digital 2015 Annual Report featured a welcome video message from JWA's new Airport Director, Barry A. Rondinella and also focused on the ongoing strength of JWA and recent accomplishments in areas that align with three key goals: 1) maintain excellent safety and security, 2) offer a superior guest experience and 3) be a good neighbor to the local communities served. This was accomplished by creating sections named:

- "A Superior Guest Experience"
- "Safe and Secure"
- "A Good Neighbor"
- "Solid Financial Strength"

Each section highlights advances and accomplishments achieved throughout the year. The information within each section is presented in a way that is visually appealing and easy to read. Information includes:

- safety and security training at JWA
- noise monitoring system



- financials demonstrating the solid financial strength of John Wayne Airport
- top travel destinations
- expanded air service
- new nonstop destinations introduced in 2015

The 2015 Annual Report has received more than 1,500 views to date, with more than half of those views occurring within the first month of distribution.

View our winning entry: http://bit.ly/2fnKNGV

RECURRING RESOLUTIONS - NOVEMBER

Every year, the Board of Supervisors approves a list of recurring resolutions. These resolutions commemorate or celebrate causes and/or organizational efforts on a monthly basis. Click on any of the recurring resolutions to the right to learn more about them.

Christmas Day Drunk Driving Prevention Month Pearl Harbor Rememberence Day Wright Brothers Day Yellow Ribbon America

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Treasurer-Tax Collector Shari Freidenrich Wins Award

Orange County Treasurer-Tax Collector Shari Freidenrich won the "Leadership Award for Public Service" at the Orange County Business Council's 6th Annual Turning Red Tape Into Red Carpet Awards on Nov. 17. This award recognizes an elected official who has served as a committed advocate for economic development in the public sector through effective efforts to mobilize community groups and industry leaders in the development of programs and projects, played a key role in the planning and designing of new economic development activities, and displayed dedication and commitment to his or her constituency as a leader for economic development.

"I am honored to receive this prestigious award and will continue to cut through red tape to provide red carpet service to individual taxpayers and businesses as the County's banker and fiduciary of public funds," says Treasurer Freidenrich. "I will continue to work with government leaders and businesses to increase government productivity and transparency of government records online to increase the economic activity in our County."



Shari Freidenrich was elected as the Orange County Treasurer in November 2010 with almost 55 percent of the vote and re-elected in June 2014. Since taking office, Treasurer Freidenrich has implemented changes that have saved the County of Orange over \$820 million in operations and pension-related costs. Prior to coming to the County, Treasurer Freidenrich spent 15 years as the City Treasurer for the City of Huntington Beach and saved the City over \$15 million by streamlining services and implementing best business practices.

Treasurer Freidenrich is a leader in the municipal treasury field having served as the President of the California Municipal Treasurers Association, the President of the Association of Public Treasurers of the United States and Canada, and is currently serving as the Sergeant of Arms for the California Association of County Treasurer Tax Collectors. She is also a leader in her community having been elected as the President of the Huntington Beach Rotary Club and Soroptimist International of Huntington Beach and is a member of several local Chambers of Commerce.

Segerstrom Center Veterans Resource Event

The Segerstrom Center for the Arts hosted a day of celebration to honor local veterans and active military personnel on Saturday, November 12.

The Veterans Service Office (VSO) participated at the event along with many other organizations to provide resources and services to Orange County's military families.

VSO staff answered a multitude of guestions, and provided resources to veterans facing near evictions and homelessness. While obtaining resources, veterans enjoyed live music, fun games, and explored the arts with creative activities.



Jerry Seiden and Rosemary Dey representing the Veterans Service Office at the Veterans Resource Event held at the Segerstrom Center

Operation Santa Claus: Behind the Scenes in Santa's Workshop

Generosity and care can make a difference in the lives of children and seniors. With this in mind, the Social Services Agency's (SSA's) Volunteer and Outreach Services (VOS) oversees County holiday charity programs, the use of the Mobile Response Vehicle (MRV) and the planning and execution of Agency-wide outreach efforts.

The location of SSA's Warner facility could be dubbed as "Santa's Workshop" See here: https://youtu.be/ wfLHN4Q13Wg

The outreach efforts include collaboration with United Way, Summer Youth Programs and the distribution of digital and print outreach materials. The unit also currently works alongside staff from Adult Services and Assistance Programs' Central Regional Office in the weekly deployment of the MRV



at the Santa Ana Civic Center, where workers assist the County's homeless population in applying for services.

From mid-October through January, VOS focuses on holiday aid programs while continuing other outreach efforts. VOS represents SSA as part of the Orange County Toy Collaborative (OCTC), which also includes members of the United States Marine Corps, the Society of Saint Vincent de Paul and the Orange County Fire Chiefs' Association. Last season, the Toy Collaborative provided roughly 156,000 toys to 360 community organizations throughout Orange County.

Both Operation Santa Claus (OSC) and Senior Santa & Friends (SSF) are the Agency's holiday programs administered by VOS at the Warner facility.

For seniors, SSF provides durable medical equipment, clothing and nutritional and hygiene goods to hundreds of seniors enrolled in SSA or Health Care Agency (HCA) services, not only during the holidays but year-round.

Through OSC, foster children can also receive gifts for their birthdays and during times of hardship. VOS hopes to increase the OSC voucher redemption rate this year, ensuring that eligible families are able to celebrate the season with gifts.

OCTC, SSF and OSC are just a few of the many ways in which SSA helps the County's underprivileged children and families. County employees have long served as major contributors to these programs and also offer support as volunteers or coordinators.

These efforts greatly contribute to the joy of numerous children and families in Orange County during the holiday season. During the month of December, gifts can be dropped off at the Operation Santa Claus store located at 1505 East Warner Avenue, Santa Ana, CA 92705.

Orange County public libraries, most courts and many County facilities also have drop off boxes for your convenience. As always, we encourage you to explore volunteer opportunities in order to make others smile this season. Please visit http://ssa.ocgov.com/volunteer/santa for more information.

Prefer Safe Surfing to Dangerous Phishing

With holiday online shopping at all-time highs, take a moment to think about cyber security as it is the prime time for a rogue threat on holiday shoppers and internet users. Three hazards for concern should be given close attention:

- Phishing Scams
- Public Wi-Fi
- Website Reputation

The weakest link in the overall cyber security of any organization and personal computers is phishing. Orange County Information Technology's (OCIT) Chief Information Security



Officer Jacob Margolis says, "This time of the year phishing scams hide behind aliases of delivery packages and flood inboxes everywhere." You may be expecting a package from FedEx, but when an email is sent to your inbox from FedEx, UPS, USPS, or any other package delivery organization especially with the subject line of: "Track your package #..., Failed deliver for package #..., or Shipping status..., etc." --- be suspicious.

Margolis warns, "unless you are absolutely certain that an email is legitimate, don't follow any links in emails. Instead, go to FedEx.com, UPS.com, USPS.com, etc., type the freight company's name into the search engine. Then, copy and paste the tracking number into their verified website for tracking purposes."

He strongly recommends that you do not give out your County email address for non-official purposes. In other words, don't use your County email to register for your Amazon.com account.

Another hazard to steer clear of as much as possible is the use of public wifi. Margolis says, "the truth of the matter is public wi-fi is very dangerous --- public wi-fi is the devil!" According to Symantec, the secure tech company, it is extremely simple for a bad guy to steal your log-in credentials, credit card numbers, or anything you type into a website while on public wi-fi.

OCIT's suggestion is to use your mobile device's 3G/4G connection or hotspot connection to access the internet. It is significantly more secure. Most cellular plans have ample data allowance for general usage as long as you're not streaming a lot of music or videos. Check with your carrier for details.

The final hazard online users should know is if a website is from a reputable organization. "You wouldn't follow someone down a dark alley because they had a "doorbuster" deal on an ultra 4k HD TV. Same with surfing on the internet; there isn't a sign stating you are now entering an identity thieves' underworld," warns Margolis.

Look at the uniform resource locator (URL) and stay away from foreign country websites. For example, if it says http://www.amazon.com.deals.ru/, you are entering a Russian website. By entering your information on a foreign country website, you are taking a high risk in never getting your goods. It will be impossible to get your money back from a foreign country, and even more difficult to extradite a criminal for prosecution. If you buy something from a foreign site, they now have your credit card information, address, security code, etc. to potentially steal your identity and money.

When in doubt, just type where you want to go in your browser or search engine.

Be careful, keep safe, and enjoy your holidays!

- Chief Information Security Officer Jacob Margolis

HUMAN RESOURCE SERVICES News You Can Use

Sweden is known for its many innovations. Most people think of Swedish meatballs, Ikea and Swedish Fish---the chewy gum candy. Adding to the list of all things Sweden is a culinary technique called Hasselback. The Swedes call the dish "hasselbackspotatis." The Hasselback technique is traditionally applied to potatoes and can be applied to other winter roots such as butternut squash, sweet potatoes or yams. It's the Swedish way of making roasted potatoes with a result of an accordion or fan shape.



Fancy up your potato Hasselback style to result in a delicious

crunchy crust accompaniment to any main protein at your holiday table. To apply the Hasselback technique, peel the vegetable and cut thin, crosswise slices about three-quarters of the way down into the potatoes, but not all the way through, leaving all the slices connected along the bottom of it. The vegetable should fan out into a slight accordion shape.

The origin of the name is derived from the Hasselbacken restaurant in Stockholm, Sweden where the dish was first introduced in the 1940s. Hasselbacken is still open today from its first opening sometime in the 1760s. To read more about the restaurant, click here: http://www.restauranghasselbacken.com/historia/ Add Google translate unless you can read Swedish.



Hasselback Potatoes

Ingredients

- 4 large potatoes, Yukon Gold, Russet, or Red

- 4 tablespoons of your choice: melted butter, coconut oil, olive oil, duck fat, bacon fat, or a mix

- Salt

- Pepper

-Optional extras: minced fresh herbs, spices, grated cheese, bread crumbs, panko crumbs

Instructions

Heat the oven to 425°F with a rack in the lower-middle position. Wash and dry the potatoes. Make sure the potatoes are dry so the fat will adhere to the potato.

Cut slits in the potatoes, leaving the bottom intact. To help you with this knife challenge, you can place a potato between the handles of 2 wooden spoons or 2 chopsticks. Slice the potato into thin slices, leaving 1/4 inch at the bottom unsliced and connected; the spoon handles will prevent you from slicing the potato all the way through. Repeat with the remaining potatoes. If you slice all the way through, you can alter your recipe to a potato au gratin recipe!

Arrange the potatoes in a baking dish. Brush the potatoes all over with butter or other fat, including the bottoms. Generously sprinkle the potatoes with salt and pepper.

Bake 30 minutes, then brush with butter. At this point, the layers will start separating. Remove the pan from the oven and brush the potatoes again with fat. You can help separate the layers apart if they're sticking together. Make sure the fat drips down into the space between the slices.

Bake for another 30 to 40 minutes, until the potatoes are crispy on the edges and easily pierced in the middles with a paring knife. If you're adding any extras, stuff those into the slits and sprinkle over the top 5 to 10 minutes before the end of cooking. Total baking time is 60 to 70 minutes for average potatoes; if your potatoes are on the small side or are larger, adjust cooking time accordingly.

Serve immediately. These potatoes are best straight from the oven while the edges are at their crispiest.



We've had a great year exploring different County parks with our CEO, Frank Kim! Six Fitness with Frank events were held in 2016 with over 300 employees participating in at least one event, many attending multiple events, and several employees including family members and friends joining in the fun. Below is a map of the locations visited. Stay tuned for details about events in 2017 as we explore more of the County's wonderful open spaces!

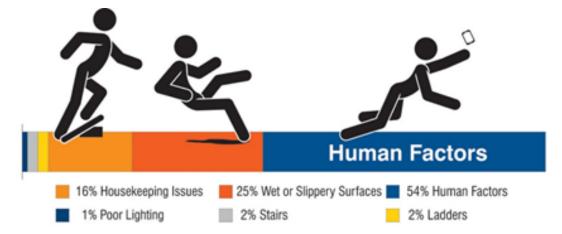
To view photos from past events, and for details about future CEO fitness opportunities once they are announced, please visit the Fitness with Frank webpage. If you have any questions, please contact Kari Schumaker at 714-834-2051 or kari.schumaker@ocgov.com.



Workplace Safety - Be Aware of Slips, Trips and Falls in the Workplace during the Holiday Season

In 2013, slips, trips and falls in the workplace accounted for 600 deaths and 47,000 injuries according to the Bureau of Labor Statistics. The 10 most common locations involving falls are doorways, ramps, cluttered hallways, areas with heavy traffic, uneven surfaces, areas prone to wetness or spills, unguarded heights, unstable work surfaces, ladders and stairs.

People perceive human factors as not necessarily putting them at risk in the workplace and yet the results of a 2014 Safety Professionals Study revealed that 54 percent of the most frequent slip, trip and fall incidents were due to human factors.



A person's state of mind when rushing, frustrated, fatigued, or being complacent can result in critical errors and decisions, and increase the chance of injury. During the holiday season, many of us have more opportunities to have our minds distracted. Therefore, a few tips to reduce the human element of preventing slips, trips and falls are:

- Choose proper footwear and clothing for the conditions – wet weather may warrant different footwear than dry weather, and loose/baggy clothing may create one's own tripping hazard.

- Give yourself plenty of time to get from Point A to Point B – walking too fast or running increases the chances of falls.

- Avoid distractions while walking – stop before reading signs, texting or talking on the phone.

- Avoid carrying heavy or vision-obstructing items – use a cart or get some assistance.

- Avoid taking short-cuts through non-walking paths – crossing barriers exposes you to more tripping hazards.

- Use proper stepping stools or ladders – never stand on a chair, table or other surface on wheels.

Choosing to fly during the holiday season can be challenging but being prepared and aware of a few safety tips can make your trip enjoyable.

- Be vigilant when boarding, riding and dismounting escalators - hold on to handrails.

- Senior citizens and travelers with children or heavy/bulky baggage are encouraged to use elevators – check bags whenever possible.

- Wear comfortable shoes and clothing while traveling.

- Plan on getting to the airport early so you don't have to rush, and when feasible book plenty of time between

connecting flights.

- Be cognizant of slopes and transitions at airports - besides escalators and stairs, the jet ways and airport transportation services all have numerous transition points.

- Most important "If something does not look right, say something". Unattended bags could pose a threat to everyone's safety and security. Communicate your observation to airport personnel.

Remember taking a few extra safety precautions by staying alert and informed can result in reducing the incidents of injury and accidents.

CEO/Office of Risk Management Safety and Loss Prevention Staff

714-285-5500 Or Email Safety@ocgov.com

Get Involved This Holiday Season with Volunteer Opportunities

County Executive Officer Frank Kim hanging the first ornament on the CEO Christmas Tree.

O' Christmas Tree!

The staff at the County Executive Office came together to give a Monterey Pine Christmas tree a full trimming. Each vear, Peltzer Pines Christmas Tree Farm delivers a number of trees to the County for display, mostly at County historical, hallmark and OC Parks' locations.

Peltzer Pines is a lessee of the County in Silverado Canyon, following the 2010 donation of 20,000 acres from The Irvine Company to the County of Orange. For more information about OC Parks' multiple holiday festivities and tree displays, click here.

Learn more about choosing and cutting your own tree for the holidays, visit http://peltzerpines.com.

Click below for other holiday giving opportunites.

"ADOPT A FAMILY" FOR THE HOLIDAYS

HOLIDAY VOLUNTEER OPPORTUNITIES

OPERATION SANTA CLAUS

ORANGEWOOD CHILDREN & FAMILY CENTER HOLIDAY WISH LIST

SENIOR SANTA & FRIENDS

HOLIDAY HOPE 2016







Gift Drive Gift Drive Coperation Santa Clause Senior Santa & Friends

The Operation Santa Claus (OSC) and Senior Santa & Friends (SSF) annual gift drive begins in November and ends December 23rd. Many holiday wishes have been granted for children who are abandoned, neglected, abused, or placed in foster care, and elderly and disabled adults served by the County of Orange Social Services Agency, Health Care Agency, Probation Department, Child Support Services, and OC Community Resources. Each year we distribute 35,000+ toys and provide gifts for over 2,500 seniors and dependent adults. We thank and appreciate each of you who have had a hand in contributing to our successes. We couldn't do it without you. If you have not participated in the past, please join us! There are several ways that you, your family, coworkers, and friends can participate in Operation Santa Claus and Senior Santa & Friends. Below is a list of options to help brighten someone's life this holiday season.

Are you too busy to shop? Donate online at:

http://ssa.ocgov.com/volunteer/donations/osc_donation http://ssa.ocgov.com/volunteer/donations/sr_santa_donation



Angel Tags For the Tree

Angel Tags provide gift suggestions for a child or senior in need of a holiday gift.

If you would like to coordinate an Angel Tag gift drive for your unit or department, please call (714) 825-3159 or (714) 679-2438 for more information.



Gifts for Seniors

Cash donations and gift cards are needed for seniors to help purchase special request items, like walkers and other medical equipment.

Gift cards give clients the freedom to purchase items, such as medication and clothing. For more information please contact the SSF Coordinator at (714) 825-3111 or email <u>senior.santa@ssa.ocgov.com</u>

Donations

Monetary donations provide gifts and other special need items for the children and seniors. For your convenience we offer online donations.

To donate to Operation Santa Claus:

http://ssa.ocgov.com/volunte er/donations/osc_donation

To donate to Senior Santa & Friends:

http://ssa.ocgov.com/volunte er/donations/sr_santa_donat ion

Checks and gift cards are also accepted. Please make checks payable to <u>Operation Santa</u> <u>Claus</u> or <u>Senior Santa &</u> <u>Friends</u> and mail to:

Operation Santa Claus 1505 E. Warner Ave. Santa Ana, CA 92705

Donations with a complete return address will receive a letter for tax purposes. Volunteer Your Time



Volunteers are needed in November and December to sort gifts, restock and assist shoppers.

To volunteer, please email <u>operationsantaclaus@ssa.ocgov.com</u> or call (714) 679-2438.

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Saturday, December 10 & Sunday, December 11, 2016, from 5:30 p.m. to 8:30 p.m. \$5 per person (children under 3 free)

*Please return by December 12, 2016

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Service Awards

for the month of November

35 Years

Cecilia Novella Auditor-Controller Judy Ogan Health Care Agency

Health Care Agency

Kevin Vann

Todd Thomas

Robert Smith

Sheriff-Coroner

Probation

Allen Olivares OC Dana Point Harbor Karyn Sebbo Social Services Agency

30 Years

Gema Aranda Health Care Agency

John Chang OC Public Works

Darryl Romero Sheriff-Coroner

25 Years

Malvia Page-Gonzales Child Support Services

Rosa Fernandez Health Care Agency

Sonia Munoz OC Community Resources

Robert Barilla OC Public Works

Joseph Martindale Sheriff-Coroner Thomas Adams OC Community Resources

Michelle Wallingford

Child Support Services

Rita Tanner OC Community Resources

Cynthia Lemus OC Waste & Recycling

Brent Parenteau Sheriff-Coroner **Eva Burdett** OC Community Resources

Dennis Carpio Sheriff-Coroner

Kirk Wilkerson Sheriff-Coroner

Ronald Bennett

Rosalie Esparza

OC Community

OC Community

Sheriff-Coroner

Sheriff-Coroner

Gregory Van Patten

Resources

Resources

Kevin Area

Health Care Agency

Christina Trombetta

Karen Gaipo OC Public Works

John Davis Sheriff-Coroner

Forouzandeh Farzan Health Care Agency

Patricia Langevin OC Community Resources

Jessie Prado OC Public Works

Oliver Didio Sheriff-Coroner

Henry Desens Sheriff-Coroner

(Continued on page 18)

25 Years Continued

Jason Frederick Sheriff-Coroner

Christine Lyon Sheriff-Coroner

Robin Scruggs Sheriff-Coroner

Ted Carrera Social Services Agency Jesus Hernandez Sheriff-Coroner

Rafael Ojeda

Jon Soydinc

Sheriff-Coroner

Maria Chacon

Sheriff-Coroner

Richard Leonard Sheriff-Coroner

David Ralsten Sheriff-Coroner

Rodney Thomas Sheriff-Coroner

Israel De La Cruz Social Services Agency Sheriff-Coroner

Socorro Lucero

Sean Scoles Sheriff-Coroner

Dilia Ballesteros Social Services Agency

Hilda Garcia Social Services Agency

Jaime Reves Social Services Agency

Anna Gutierrez Social Services Agency Noemi Kropp Social Services Agency

Social Services Agency

Genoveva Monreal Social Services Agency

Maria Rodriguez Social Services Agency **Hope Tarrant** Social Services Agency

20 Years

Martin Patino Cemetery District

Jeannine Bender Health Care Agency

Barbara Wilson Probation

Irma Galdamez Sheriff-Coroner

Cori Bearbower Social Services Agency Aidee Cooksey Child Support Services

Florin Maracine

Tracy Mitchell

Cheri Howell

Sheriff-Coroner

Public Defender

Health Care Agency

Monique Johnson Child Support Services

Vanessa Thomas Health Care Agency

Bettina Darsow Sheriff-Coroner

> **Ernesto Ochoa** Sheriff-Coroner

Todd Olson Paula Rohde Social Services Agency Social Services Agency **Christopher Lenertz Child Support Services**

Andrew Hamer Probation

Sandra Bock Sheriff-Coroner

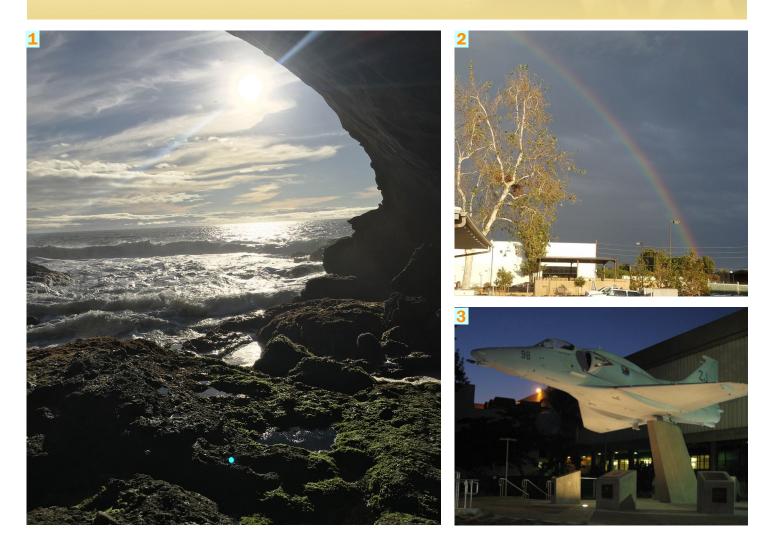
Robert Abair Social Services Agency

To view the November list in its entirety, which also includes recipients of 5, 10 and 15-year Service Awards, please click here.

Service Awards are announced in each edition of County Connection in the month immediately following work anniversaries, not in the month of the anniversary. If you believe there has been an error or omission in reporting your years of service, please email Navminder.Kaur@ocgov.com.

PARTING SHOT!

Welcome to Parting Shot, a feature designed to close County Connection with must-see visuals from Orange County, captured through the lenses of County employees. Click on the photos to enlarge.



- **1. Joanna Su,** Juvinile Health Services pediatric medical officer, "Spent a Sunday afternoon at 1,000 Steps Beach in Laguna Beach and enjoyed the beauty of nature right in my own backyard."
- 2. Michele Bartholomew, OC Public Works staff specialist, photographed this scene of a colorful rainbow. "I was leaving work and when I came outside there was a beautiful double rainbow, you can barely see it in one of the shots. By the time I got my camera phone together the double rainbow had started to fade. We are completing the construction of our Glassell Stormwater Retrofit project at our facility and this rainbow was as though it was shining on the new project."
- 3. Dennis Niksch, OC Public Works business services manager, grabbed a photo of the Skyhawk monument at dusk. "As we celebrated Veteran's Day, I was reminded that this scene impressed me enough to make a U-turn and park in the Broadway pull-out to take this picture that night."

(Parting Shot continued)



- 4. Juan Montes, Health Care Agency health education associate, captured this street with blooming jacaranda trees. "This beautiful jacaranda tree-lined street in Santa Ana inspires me to spread my wings, soar and make my dreams come true."
- 5. Vicki Sweet, Emergency Medical Services quality improvement coodinator, captured this sunset scene. "The sun setting at Dana Point Harbor reminds me of my favorite quote from Isak Dinesen: 'The cure for everything is salt water tears, sweat or the sea.' "

Have you taken a photograph of something cool and beautiful in Orange County? Would you like to submit it to Parting Shot for consideration? If so, send it via email to <u>travis.lariviere@ocgov.com</u>. Please provide your job title and department and the details of the photo (location, what's happening, etc.) Please know that not all submissions will be used; decisions are at the discretion of the CEO Communications staff.

